

NEWSLETTER

2009 dates to remember

Southeast Region Annual Meeting

When: June 5, 2009
Time: 5:30pm
Where: Pete's Place
Krebs, OK

Oklahoma Association of Addiction and/or Offender Counselors' Annual Workshop

When: June 12, 2009
Time: 8:00am - 4:45pm
Where: Moore Norman
Technology Center
Franklin Rd. Campus

Oklahoma School Counselors' Annual Conference

When: June 12, 2009
Time: 8:00am - 3:15pm
Where: Moore Norman
Technology Center
Penn Campus

Oklahoma Counseling Association's Summer Leadership Institute

When: July 17 - 18, 2009
Where: St. Crispin's
Conference Center

Looking Ahead!

By Dr. Kathy Sanders, President of OCA

Since the last newsletter, Oklahoma Counseling Association (OCA) has been very busy. We have had a Fall one day conference and a Mid-Winter three day conference. The Fall conference was held November 7, 2008 at the Moore-Norman Technology Center near



Oklahoma City. The focus of the conference was Motivational Interviewing. Dr. Sharon Zang, an APA Motivational Interviewing trainer, conducted a 6 CEU hours extensive MI training session. Her hands-on approach to training was both

inspirational and outcome based as members who were not familiar with motivational interviewing techniques became familiar, and those who had some knowledge found her training to add to their understanding of MI.

The OCA three day Mid-Winter Conference was held from February 26 through February 28, 2009. The pre-conference and conference were very well received as evaluated by the participants. The pre-conference featured Dr. Jerry Corey who delivered 6 CEU hours on dealing with difficult clients in group settings. He addressed both school counseling settings and agency settings. The pre-conference was attended by over 100 members and the evaluations showed a high level of support for Dr. Corey's presentation.

The success of the pre-conference was a precursor to a very well attended and successful two day Mid-Winter conference. Over 250 members participated in one or both days of the conference. Some of the high lights of the conference were three choices of workshops for each session. Dr. Corey spent both days with us and was a great success as demonstrated by his evaluations. Dr. Corey conducted sessions on ethics, trends in counseling, and integrative counseling. An additional high light was a "Graduate Students Only Session", which covered what to do after graduate school and answering all questions compiled by over 60 graduate students who attended the conference. While Dr. Corey did sessions each day, school counselors, agency counselors, graduate students, graduate faculty, and the Oklahoma LPC Board members offered sessions on contemporary topics in the counseling profession. I want to thank all of the presenters for helping make the conference a huge success!! Without your participation as presenters, and the participation of those who attended the sessions, our conference could not succeed. I learned a great deal from the many sessions I attended and was happy to see full sessions during the majority of the session times.

Having a successful conference speaks to the health of both our organization and to its members. YOU make OCA a success and your support and participation shows why you became a counselor or counselor educator in the first – to continue to grow in your profession. Participating in the continuing education units offered through OCA keeps all of us current in our profession and provides for some timely and lively discussions. I feel energized after attending

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take a look

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Mid-Winter Conference**

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OCA and seeing how many of our members believe in the counseling profession. Thank you for sharing your time with all of us.

In addition to conference news, OCA also put a great deal of effort into improving our already popular newsletter. This has been a priority for OCA. Entering the newsletter into the Midwest Region of ACA Newsletter competition shows how far that commitment has come. Additionally, a focus for the members of OACES has been to bring more

graduate students to the conferences, increase the number of graduate student memberships, and have graduate students bring their counseling research and projects to the OCA Mid-Winter Conference. The number of graduate students who attended the 2009 conference certainly attests to the hard work of college and university educators who made this commitment last year. I look forward to seeing you at the Summer Leadership Institute. I hope you are able to attend.

OCA Summer Leadership Institute

July 17 – 18, 2009 • St. Crispin's Oakerhater Lodge • Seminole, Oklahoma

Plan to attend Oklahoma Counseling Association's Summer Leadership Institute. This year's theme is Professional Wellness – Maintaining Your Mind, Body, and Spirit. Join fellow professionals as we explore alternatives to maintain a balance of mental, emotional, physical and spiritual well-being which will enhance effective leadership skills.

Each registration includes one-night lodging in a two-person room with twin beds and private bath, leadership materials, and three meals. Cost is as follows:

- \$75 OCA Professional/Associate Members
- \$50 OCA Student Members and Retirees
- \$35 OCA Professional Members choosing to commute
- \$140 Non-members (this includes a one-year membership to OCA)

Deadline to register is June 30, 2009

Due to the limited availability of lodge rooms, persons wanting to register after June 30 must contact Marilyn Kincade at 405-257-6863 (home) or 405-239-0067 (cell). Hotel rooms are available in Seminole, less than 7 miles from St. Crispin's, for those attendees choosing to bring their family.

Registration will begin 9:30am on Friday, July 17, 2009. The Leadership Institute will conclude at noon on Saturday, July 18, 2009.

OCA Summer Institute Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Roommate Preference: _____

Professor Signature: *(required for students)* _____

Please include payment in the form of check, money order, credit card, or purchase order.

Visa/MC: _____ Exp Date: _____

Signature: _____

Total Amount Enclosed: _____

Please check one:

Professional / Associate
\$75.00

Student / Retiree
\$50.00

Professional commuting
\$35.00

Non-OCA Member
\$140.00

Mail your registration and payment to: Deb Brantley, Ph.D., at PO Box 157, Duncan, Oklahoma 73534. Checks payable to: Oklahoma Counseling Association. Purchase orders accepted upon approval.
Online registration: www.oklahomacounseling.org. 10 CEU's pending.

Greetings

By Marilon Morgan, OCA President Elect

I want to invite all OCA members interested in becoming active leaders in the organization, to attend the 2009 Summer Leadership Institute. The Summer Leadership Institute will be held July 17 & 18 at St. Crispin's Conference Center in Seminole, Oklahoma. It is important that you make your reservations early because the number of rooms available to us at St. Crispin's are limited. There are, however, off-site locations for lodging. Please do not let the limited lodging arrangements deter you from attending the Summer Leadership Institute. Details and directions to St. Crispin's Conference Center as well as on- and off-site lodging arrangements can be found in Marilyn Kincade's article.

The 2009 summer institute will focus on building a cohesive group of individuals who will continue to serve our organization through outstanding leadership. Understanding one's role as an officer of OCA and its affiliates will be emphasized. The leadership manual will also be reviewed so all officers will know their roles and responsibilities.

We will also focus on professional wellness by conducting a mini "wellness boot camp". There will be several small activity workshops presented to provide participants with strategies in which to cope with professional and personal fatigue and renew their spirit. Participants will be given a vision and perspective on personal wellness that will influence their professional lives.

It is my hope that each participant return to their organization, agency, or school with skills useful in maintaining healthy behaviors which will not only improve the quality of their lives but will enhance their effectiveness as leaders.

The goal and focus of my presidency will be to increase the cohesiveness of all members from across disciplines (School Counseling, Agency Counseling, Marriage & Family Counselor, Counselor Educators, Student Personnel Services, Graduate Students, and Addiction Counselors; etc.) uniting as a group those who represent the state of Oklahoma's Counseling professionals. Attending the Summer Leadership Institute is a step toward that goal. Please sign up early, and I look forward to our meeting.

A New Chapter

By Dr. Connie Moore, OCA President Elect-Elect

As the OCA President Elect-Elect, I am looking forward to the many upcoming opportunities to meet you, work and learn with you. Many of you may recognize me as the immediate Past-President of OKMHCA.

Wellness is a passion of mine. I practice yoga daily and know deeply how it soothes my mind, body and spirit. As the global economy

struggles to find balance, each of us carries some of the uncertainty and tension within us. Through my term in leadership, I resolve to keep our association fiscally sound, while exploring alternative, holistic, healing practices for all of us (counselors and clients alike) to add to our referral sources, and our own self-care.

Summary Article

By Marilyn Kincade, OCA Co-Executive Director

Thanks to Dr. Kathryn Sanders for having a successful year with OCA. During her reign as President we were able to attend 2008 ACA in Hawaii, OCA Summer Leadership at the Canebrake, ACA Midwest Region in Chicago, OCA Mid-Winter Conference in Oklahoma City, and 2009



ACA in Charlotte, North Carolina. She was able to contract Dr. Gerald Corey as the Keynote Speaker for OCA Conference. Good Job, Kathryn!

Now we move on to another exciting year with 2009-2010 President, Dr. Marilon Morgan. Marilon with the help of President Elect-Elect Dr. Connie Moore, will be ready to present some exciting activities during Summer Leadership Institute. Those of you who attended last year know you are in for a rewarding and fun experience. More information about the schedule for summer will be posted on the web site soon. Approval of 10 CEU's is pending.

OCA Summer Leadership Institute will be held at St. Crispin's Conference Center in the Oakerhater Lodge. I am so excited to be able to contract with St. Crispin's. They have just completed some remodeling and for the first time are able to accommodate groups such as OCA. St. Crispin's is located 1/4 mile South off of State Highway 9, just six miles East of Seminole, Oklahoma. Sleeping space at the lodge will be limited. However; there is a new Best Western Hotel in Seminole with reasonable rates. Rooms at the lodge are newly decorated double rooms with twin beds. Be aware that when the lodge is filled you will need to make arrangements to stay at the Hotel in Seminole and will need to register as a commuter. If you would like to bring your family to Seminole there are numerous ways to entertain them. Seminole has numerous parks, museums, tennis courts, a swimming pool, a library, a water park, a movie theater, baseball parks and many good restaurants. Rates for the Best Western are \$86.90+tax for a single and \$97.90+tax for a suite.

My challenge is for each Region/Division to pay registration for their leadership to attend Summer Leadership Institute.

Please feel free to contact me about any other information you need. Email me at markincade@acninc.net or call me at 405-257-6863 or 405-239-0067.

Final Legislative Report

By Jerry Chandler, AKA "The Ole Codger"

This will be my last Legislative Report as I am stepping down from this position after a number of years. I do appreciate the efforts so many of you have made in helping us in our efforts. Certainly the LPC insurance reimbursement bill would never have made it without all your hard work. Thanks for allowing me to work with you in this capacity.

I will start by reporting on the current status of state legislation and then move on to the Federal level where the American Counseling Association, American Mental Health Counselors Association and the American School Counselors Association work closely together on legislative issues for Professional Counselors. Remember your support and efforts are important at both levels.

Well this has not been as successful a legislative session as we might have hoped. The Speaker of the House certainly played a big part in this. I was told that he made the statement that he did not believe in bonuses. Now I do not know the context of this statement (if it occurred as reported) but I wonder if he believes in bonuses for the CEO's of large corporation or is it just school counselors. This is my lead in to say **HB 1680** by Representative Ownbey is now officially listed as DORMANT by the legislators. This bill would have recognized Professional School Counselors who are also a LPC as eligible for the Master Teacher Bonus

HB 1050 by Representative Carey. This is was an Act relating to schools; directing the State Department of Education to encourage school districts to develop certain mentorship programs and was similar to a bill last session. This bill is marked with a **General Order** (which means this bill may be taken up by the legislator still but there is no guarantee that they will do so as many bills will just stay in this position until becoming dormant.).

HB 1051 by Representative Carey. This is the bill that Dr. Daniel Wiegler worked on getting and devoted many hard hours on. It was designed to stop sexual exploitation of clients by all mental health providers. Unfortunately this bill is also **dormant**. For those who have been in the mental health field very long know this was a much needed bill. I can not for the life of me understand how this bill was not passed. But that is true for most of these bills.

HB 1062 by Representative Sherrer. So School Counselors don't feel that they were the only ones to lose so did the mobility instructors. This bill said, "Any orientation and mobility instructor who is certified by the Academy for Certification of Visual Rehabilitation and Education Professionals" would be eligible for the bonus and it is also **dormant**.

HB 1069 by Representative Tibbs. This bill would add flexibility into the decision on whether prior felony convictions should prohibit someone from becoming an LPC. e.g. someone busted for pot 20 years ago. I am not totally sure on the status of this bill as its title and enacting clause have been stricken. I am guessing this is a parliamentary procedure so they can bring the bill back without having to wait a couple of years.

HB 1119 by Representatives Miller and Martin (Scott) of the House And Johnson (Mike) and Myers of the Senate. This bill is to provide funding for elementary counselors in urban school districts larger than 30,000 students with large at-risk populations. All kinds of contingencies about funding and as we know this is a bad year for funding. Bill History – **General Order** (\$ = appropriations bill. e = emergency enacting date. General Order means it is open to debate by the House.

HB 1364 by Cooksey. This bill stated: "National Board" means the National Board for Professional Teaching Standards or, with respect to a school counselor, the National Board for Certified Counselors;" This was one of two bills working to try for bonuses for school counselors in a way consistent with their professional identity. This bill is **dormant**.

HB 1678 by Representative Ownbey. This is an Act relating to torts; relating to the Volunteer Medical Professional Services Immunity Act; modifying definition; expanding scope of certain circumstances in which certain persons are immune from liability and included LPC's. This bill is under a **General Order**.

HB 1867 by Representative Hickman. This bill states; "School counselors certified by the Department shall not be required by local school districts to coordinate tests required by the Oklahoma School Testing Program Act." Unfortunately this bill is also **dormant**. I suspect the school administrators lobbying had a lot to do with this.

HB 2004 by Representative Harold Wright. This bill states: "*B. School administrators, teachers, and other school employees shall be trained to recognize, accommodate, and assist students with mental health issues. C. School administrators, teachers, and other school employees may make referrals or assist in referring students to licensed mental health professionals for mental health screening or treatment. A school administrator, teacher, or other school employee shall incur no liability as a result of injury arising from any acts or omissions of the school administrator, teacher, or other school employee in referring or failing to refer a student as provided for in this subsection.*" **This is another of the bills that makes no sense in being allowed to go dormant. All politicians say they are for the kids but I do not see most of them walking that walk.**

National Level Issues

Veterans Issues

At the Federal level progress continues to be made with LPC's being able to work with veterans.

Latest information from the American Counseling Association:

"In February, the Under Secretary for Health of the Department of Veterans Affairs (VA) approved the creation of a new occupational category or categories for the hiring of licensed professional counselors and marriage and family therapists by the VA. The decision is a major step in the implementation of PL 109-461, which was signed into law in December 2006. The ACA and AMHCA have provided the VA with information regarding the training and qualifications for professional counselors that we believe will be beneficial in structuring future position descriptions and occupational categories.

The Under Secretary's announcement came soon after the House Veterans Affairs Committee wrote to Secretary Eric Shinseki, urging the VA to "move quickly" to establish regulations enabling counselors and marriage and family therapists to "work to their full potential within the VA." The letter was developed and promoted jointly by ACA, AMHCA, and the American Association for Marriage and Family (AAMFT). Our three organizations—recently joined by the California Association for Marriage and Family Therapy (CAMFT)—have been working closely together to push for implementation of P.L. 109-461. Our organizations' close, collaborative working relationship will increase our effectiveness in pushing for new occupational categories for each profession.

Establishment of an occupational category for professional counselors has been a key objective for ACA and AMHCA in implementation of the law. Federal occupational categories are developed by the Office of Personnel Management (OPM), but only at the request of federal agencies such as the VA. Creation of an occupational category will mark a key step in achieving recognition of the profession, although the process is likely to take another year or more."

TRICARE

Latest info from the American Counseling Association:

"In January of 2008, President Bush signed H.R. 4986, the National Defense Authorization Act for Fiscal Year 2008.

The enacted legislation requires Department of Defense to issue regulations outlining training credentials that would allow LPCs to practice independently under the TRICARE program. This means that counselors who meet those criteria may be granted independent practice authority under TRICARE, but the lack of a deadline in the legislation makes it difficult to forecast when those regulations might be issued.

The conference report also includes language instructing the Defense Department to contract with the Institute of Medicine (IOM) or a similar organization to carry out a study of the training and licensure of mental health counselors.

DOD expects that the regulations will not be issued for at least a year and does not anticipate being able to meet its March 2009 deadline for the study. Fortunately, the IOM has begun its study and has reached out to the ACA and AMHCA for information regarding professional counselors. We are currently working with the offices of Senator Claire McCaskill (D-MO) and Senate Armed Services Committee Chairman Carl Levin (D-MI) to ensure that regulations are issued in a timely manner and that there is a strong and fair study.

Medicare Coverage Bills Introduced

From the American Counseling Association:

"Legislation has been introduced in both the House and Senate to establish Medicare coverage of licensed professional counselors. On March 23rd, Senator Blanche Lincoln (D-AR) introduced S. 671, the "Seniors Mental Health Access Improvement Act of 2009." The next day, Representative Bart Gordon (D-TN) introduced H.R. 1693, identical legislation with the same title. The legislation would also establish coverage of licensed marriage and family therapists. ACA worked closely with Senator Lincoln and Congressman Gordon in the development

and introduction of the legislation, and we are committed to gaining its enactment this year."

"Counselors are strongly encouraged to call, write, or e-mail their Senators to ask them to cosponsor S. 671, and their Representative to ask for cosponsorship of HR 1693. The more cosponsors we have on these bills, the more likely we are to gain their inclusion in the larger Medicare legislation to be approved by Congress."

Children in Oklahoma

By Laressa Beliele, V.P. of High School, OSCA

What is the state of Oklahoma's children? How does Oklahoma's children compare to other states? The website of *Children's Defense Fund** offers the following information, compiled from the most up-to-date data available as of November 2008:

- There are 899,507 children in Oklahoma.
- 2% are Asian/Pacific Islander, non-Hispanic
- 6% are two or more races, non-Hispanic
- 9% are American Indian/Alaska Native, non-Hispanic
- 10% are Black, non-Hispanic
- 11% are Hispanic
- 62% are White, non-Hispanic

In Oklahoma:

- A child is born into poverty every 37 minutes
- A child is abused or neglected every 39 minutes
- A child dies before his or her first birthday every 21 hours
- A child or teen is killed by gunfire every 10 days
- 43,756 grandparents are raising grandchildren

Education in Oklahoma:

- Oklahoma ranks 47th among states in per pupil expenditures (the worst state, ranked 51st, is Utah).
- The amount spent per pupil in public schools is \$6,610 per year.
- 73% of 4th graders read below grade level
- 67% of 4th graders are below grade level in math
- 7.6% of 16- to 19-year olds are not enrolled in school and are not high school graduates



As school counselors, we often feel that we are fighting against the current of testing and bureaucracy to meet our students' needs. Let us – the school counselors, the advocates – not lose sight of why we have chosen our career path. May you have a refreshing and rejuvenating summer.

* <http://www.childrensdefense.org/child-research-data-publications/data/state-data-repository/cits/children-in-the-states-2008-oklahoma.pdf>

Southeast Region

Deb Brantley, SE Region President

Southeast Region met at the OCA Mid-Winter Conference in OKC. We had several members present for the short business meeting. We elected Marie Beauford as our new Secretary. She took over the position immediately. Thanks, Marie! We appreciate your willingness to serve the Region in this leadership role. Other business included a report from our Treasurer, Ray Quiett. Ray reported that the Region has a little more than \$700 in our account.



OCA Summer Leadership was discussed. This year's Leadership conference will be held on July 17 and 18 at the St. Crispin's Resort near Seminole. Don't let the name of the conference fool you! Our summer meeting is open to all. Much of the time is spent reviewing Leadership issues; however, the overall agenda can be beneficial to anyone in the profession. Also, having

this casual meeting at a resort allows opportunities for all members to relax and have fun while networking and improving professional skills. Members present at the business meeting approved the motion that Regional officers, Marie Beauford (Secretary) and Ben Noah (President-Elect) have their Registration Fees for Summer Leadership paid by the Region.

We also discussed the annual meeting at Pete's Place in Krebs, OK. As has been the tradition for years, SE Region will once again hold the meeting the first Friday evening in June at Pete's. The meeting will begin at 5:30pm and attempt to end by 9:00pm on June 5, 2009. Everyone is welcome to attend. This year, the 3-hour Ethics program will be presented by Sherry Bynum, LPC and Laressa Beiliele, LPC. Continued education units will be given and there is no cost to attend, you only need to buy your own meal. Looking forward to seeing you all at Pete's!

OSCA REPORT

By Barbara Shelton

The OSCA annual conference will be June 12, from 8:00am – 3:15pm at the Moore Norman Technology Center at 13301 S. Penn, Moore, OK. The main presenter will speak on "Teen Violence in Dating" during the morning session. Three hours of Ethics will be offered in the afternoon. Several breakout sessions will be offered in the afternoon.

Margaret Durham, Barbara Shelton and Rebecca Barry will be attending the American School Counselor Association Conference in Dallas at the end of June. Rebecca will be recognized there for achieving RAMP certification.

The School Counselor of the Year applications are due May 30, 2009. The application is available on the OSCA website at: www.okschoolcounselor.org.

Encyclo-Media will be Thursday, September 17th and 18th at the Cox Convention Center, Oklahoma City. OCA and OSCA will have booths again this year. Last year we had many counselors join both organiza-

tions. We are in need of several host/hostess for sessions. Registration for the conference and to be a host/hostess can be found at <http://sdes-tateokus/Services/Conference/Encyclomedia/default.html>.

Northeast Region

By Sarah Rivers Deal, Ph.D., LPC, President of Northeast Region

As I reflect upon the last year, I am thankful for the members that participate in our regional division. What would this division be without our counseling practitioners, counselor educators, and graduate students? I cannot think of a meeting without hearing voices of reason such as Mr. Bob Swofford or Dr. Marilon Morgan addressing important events where our region could get involved. And then there's Dr. Bill Schiller, OCA's Counselor of the Year, experienced counselor, educator, and long-time OCA participant – a real asset to our region when questions arise. I am also proud that our division currently has as its member Dr. Kathryn Sanders, OCA President and recipient of the "Human Rights Award" this year. These are just a few of the powerful names that make up this influential region.

In terms of new business, we elected Ms. Kelly Dunbar, University of Arkansas doctoral student, as our new secretary for the region. She comes all the way to Oklahoma to attend our conferences and we are grateful to have her enthusiastic participation. On a similar note, we are looking for new blood to invigorate our region as some of our more seasoned members retire. Please, come as you are, and bring your gifts and talents.

NEED CEU'S? Northeast Region will be hosting a Spring Workshop at Northeastern State University at the Broken Arrow campus offering participants the opportunity to earn up to 6 hours of CEU's – 3 in ethics and 3 in supervision. The workshop is scheduled for April 3, 2009. Please contact Dr. Kathryn Sanders for more information.

In closing, we were happy to donate \$1,000.00 to OCA's Mid-Winter Conference, leaving our region with an asset of \$1,528.79. With donations from several regions and divisions, we were able to make this year's conference a great success. Just goes to show you what a little teamwork can accomplish!

Oklahoma Association of Addiction and/or Offender Counselors

By Sherry Bynum, M.Ed., LPC, LADC, NCGC-11, OAAOC President

Our organization has been busy planning a workshop with Dr. Ray Quiett for June 12. The workshop will be *An Introduction to Transactional Analysis*. You can go to the OCA website and find the details. The first time we offered the workshop we cancelled because of inclement weather.

We have a new president-elect. Her name is DeLainna Perafield. She is from Muskogee and is working in drug court. Anna Walker agreed to be our secretary, Harriet Bohanan will continue to be our treasurer and I will continue to serve as president for one more year since our presidents serve two year terms.

We are proud to announce that Anna Walker, one of OCA's student members and member of OAAOC, has been awarded the Outstanding Counseling Graduate Intern in the Human Resources Graduate Counseling Program at East Central University. Anna received her Bachelor's of Science in Social Work, at Central Missouri State University, in Warrensburg, Missouri in 1994. She is a CADAC, and a Certified Case Manager. She is a member of OCA and ODAPCA. Oh, and she is the proud grandmother of seven.

Wanting Information about Pathological Gambling:

If you would like pamphlets about gambling for your private practice or agency where you work, you can contact Gamblers Anonymous International Service Office, P.O. Box 17173, Los Angeles, CA 90017. The phone number is 213-386-8789. The website is: www.gambler-anonymous.org. The National Problem Gambling Hotline is 800-522-4700. You can also acquire copies of GA's Twenty Questions. A client's responses to these questions can give you valuable information. The information you gain will help you to determine if you need to make a referral if counseling gambling clients is not within your scope of practice.

**Oklahoma Association of Addiction
and/or Offender Counselors**

A Division of the Oklahoma Counseling Association

**An Introduction to
Transactional Analysis
June 12, 2009**

Sponsored by OAAOC

*Presented by Dr. Ray Quiett, LPC, LMFT,
Certified Transactional Analysis Counselor*

This workshop will be a basic introduction to the excellent model developed by Eric Berne. Transactional Analysis (TA) is one of the most powerful therapeutic approaches ever developed. We will be covering some of the basic elements of the model as well as illustrating the many ways that it can be used to deal with a variety of mental health issues including phobias, anxiety, depression, PUTS, addictions, and others. One focus will be on life scripts and their importance in understanding all forms of mal adaptation, neurotic and psychotic behaviors. Another focus will be on getting the mental health professional to become aware of their own scripts and how that affects doing therapy. It is a fun and interesting way to spend the day.

**An Introduction to Transactional Analysis
Schedule & Information
Friday, June 12, 2009**

- 8:00 – 8:10am Registration
- 8:10 – 8:15am Welcome and Introduction of officers
Sherry Bynum, M.Ed., LPC, LADC,
NCGC-II, OAAOC President
- 8:15 – 10:00am An Introduction to Transactional Analysis
- 10:00 – 10:15am Break
- 10:15 – 11:45am Continuation of Session
- 11:45 – 1:00pm Lunch on your own
- 1:00 – 2:15pm Continuation of Session
- 2:15 – 2:30pm Break
- 2:30 – 4:00pm Conclusion of Session

Location:

Moore Norman Technology Center, Franklin Road Campus
4701 12th Ave. N.W.
Norman, Oklahoma 73069
Room A 200

6 CEU's pending for: LPC, LMFT, LADC, LSW

**An Introduction to Transactional Analysis
Registration Form**

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Home Phone: _____

Email: _____

Want more information?

Contact Sherry Bynum, M. Ed., LPC, LADC, and NCGC-II,
President of OAAOC, at 405-364-7818 or shebyn@sbcglobal.net.
You can also visit the OCA website at oklahomacounseling.org.

Make your check out to:

OAAOC for \$50.00 before June 1, 2009.
After June 1, 2009 the price increases to \$65.00
The deadline to register is June 8, 2009. Limit 50.

Mail your registration and payment to:

Sherry Bynum, 6524 Crooked Oak Drive, Norman, OK 73026

2009-2010 UPCOMING EVENTS

Southeast Region Annual Meeting at Pete's Place

When: June 5, 2009
 Time: 5:30pm
 Where: Pete's Place, Krebs, OK
 Speakers: Laressa Beliele, M.Ed., LPC and
 Sherry Bynum, M.Ed., LPC, LADC, NCGC-II
You will be able to receive three hours of ethics free of charge. However, you must pay for your own meal.

Oklahoma Association of Addiction and/or Offender Counselors' Annual Workshop

When: June 12, 2009
 Time: 8:00am – 4:45pm
 Where: Moore Norman Technology Center, Franklin Road
 Campus, Room A 200, 4701 12th Ave. N.W.,
 Norman, OK
 Speaker: Dr. Ray Queitt will be speaking on TA
*Lunch on your own. 6 CEUs Pending for LPC, LMFT, LADC, and LSW
 For more information go to: www.oklahomacounseling.org.*

Oklahoma School Counselors' Annual Conference

When: June 12, 2009
 Time: 8:00am – 3:15pm
 Where: Moore Norman Technology Center
 13301 S. Penn, Moore, OK
 Topic: The main presenter will be speaking on "Teen Violence in Dating" during the morning session and there will be breakout sessions in the afternoon. Three hours of Ethics will be offered in the afternoon.
For more information go to: www.okschoolcounselor.org.

Oklahoma Counseling Association's Summer Leadership Institute

When: July 17 - 18, 2009
 Where: St. Crispin's Conference Center
More information on page 2. 10 CEUs Pending.

Encyclo-Media

When: September 17 - 18, 2009
 Where: Cox Convention Center, Oklahoma City
For more information go to: <http://sde.state.ok.us/Services/Conference/Encyclomedia>

Oklahoma Counseling Association's Fall Conference

When: November 13, 2009
 Where: Moore Norman Technology Center
 13301 S. Penn, Moore, OK

Oklahoma Counseling Association's Mid-Winter Conference

When: February 4-6, 2010
 Where: Biltmore Hotel, 401 S. Meridian, Oklahoma City

OCA Leadership Team 2008 - 2009

Kathryn Sanders, President.....sanderka@nsuok.edu
 Marilon Morgan, President Elect.....morganm@nsuok.edu
 Sherry Bynum, Past President.....shebyn@sbcglobal.net
 Marilyn Kincade, Executive Director.....markincade@acninc.net
 Laressa Beliele, Executive Director.....pennbel@aol.com
 Deb Brantley, Treasurer.....drdeb@cablone.net
 Debbie Korff, Secretary.....dkorff@cox.net
 Kelly Collins, Membership Chair.....kelcollins1967@cox.net
 Sherry Bynum, Newsletter Editor.....shebyn@sbcglobal.net
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 Rhonda Weaver, Southwest Region President.....rweaver@caddokiowa.com
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 Sarah Deal, Northeast Region President.....deal@nsuok.org

Check out our website and see what's happening at OCA
www.oklahomacounseling.org

Phone: 580.255.7460 • Fax: 580.255.7675

Dr. Deb Brantley

Licensed Professional Counselor

1212 West Willow • Duncan, OK 73533

IMPORTANT ANNOUNCEMENT

Please do not use any old registration forms. If you have any, please destroy them. If you use an old form, it may go to an old address that is no longer in use. Please share this information with others.
Thanks, Sherry Bynum, Former OCA President

IMPORTANT NOTICE

On July 11, 2008, rule amendments became active for Chapters 400-LMFT, 403-LBP and 405-LPC. Go to <http://pcl.health.ok.gov> for more information.
You are responsible to know these changes!

Michael D. Swafford, Psy.D.

Doctor of Clinical Psychology
Licensed Professional Counselor

Counseling Services

Individual | Couples | Adolescent | Substance Abuse Recovery

- Evaluations Available
 - Approved LPC Supervision
 - Behavioral Health Consultant
 - Insurance & Credit Cards Accepted
- 105 S. Bryant, Ste. 302
Edmond, OK 73034
405.844.7793
DrMikeSwafford@aol.com

In an effort to continue to meet your professional needs, we are offering opportunities for professional development.

IMPORTANT NOTICE

If you have moved and you are a Licensed Professional Counselor, you must notify the LPC Board.

For more information about becoming an OCA member, please email to membership@oklahomacounseling.org, call 405.306.8225 or go to www.oklahomacounseling.org.

Oklahoma Counseling Association

A Branch of American Counseling Association

Membership Application

Check all that apply:

New member _____ Renewal _____ Information Change _____

Please print clearly so that your information is printed accurately in our membership directory.

Circle one: Dr. Mr. Mrs. Ms.

Name: _____

OCA Region: C NE NW SE SW

OK House District _____ OK Senate District _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Work Phone: _____

Fax Number: _____

Email: _____

Please print clearly - this email address will be used to send you newsletters.

OCA DUES (Check One)

Professional \$40.00 _____

Associate \$30.00 _____
(Individuals in a counseling role with less than a masters degree)

Student *(Minimum 6 hour enrollment)* \$25.00 _____

Professor Signature: _____

Retiree \$40.00 _____

(OCA allows Student members and Retired members to attend the Fall and Mid-Winter Conferences FREE of charge. Lunches and Pre-Conferences are NOT considered part of the conferences.)

DIVISIONS (Must Join At Least One)

Oklahoma Association of Addictions and Offenders Counselor
\$10.00 _____

Oklahoma Christian Counselor Association
\$ 5.00 _____

Oklahoma Association of Counselor Education & Supervision
\$10.00 _____

Oklahoma Mental Health Counselor Association
\$10.00 _____

Oklahoma Association for Multicultural Counseling & Development
\$5.00 _____

Oklahoma School Counselor Association
\$15.00 _____

Total Dues: _____

Visa/Mastercard #: _____

Card Exp. Date: _____

Signature: _____

Mail your registration and payment to:

Deb Brantley, Ph.D., at PO Box 157 / Duncan, Oklahoma 73534

Checks payable to: Oklahoma Counseling Association

For Office Use Only

Received by: _____ Date: _____

Method of payment: C CC CK Amount: _____

pictures

from the 2009 OCA Mid-Winter Conference



ACA Conference Attendees



OCA Counselor of the Year Award



Human Rights Award Recipient



money matters

	Jul 08 - Nov 08	Budget	\$ Over Budget	% of Budget
Income				
Advertising Income	27.00	100.00	-73.00	27.00%
Exhibits	1,330.00	1,950.00	-620.00	68.21%
Fall Conference Income	2,326.00	3,500.00	-1,174.00	66.46%
Interest	344.06	500.00	-155.94	68.81%
Lobby Contributions	5,135.49	5,000.00	135.49	102.71%
Membership Dues	21,009.10	23,000.00	-1,990.90	91.34%
Mid-Winter Conference Income	26,436.60	15,750.00	10,686.60	167.85%
Miscellaneous	-324.71	50.00	-374.71	-649.42%
Summer Leadership Income	1,151.00	2,500.00	-985.00	60.6%
Total Income	57,798.54	52,350.00	5,448.54	110.41%
Expense				
ACA Mid-West Conference	4,692.18	4,450.00	242.18	105.44%
ACA National Conference	4,392.41	4,550.00	-157.59	96.54%
Accountant Expense	450.00	450.00	0.00	100.00%
Awards	578.97	300.00	-278.97	192.99%
Direct Lobbying Expense	4,200.00	6,400.00	-2,200.00	65.63%
Division Rebates	6,140.00	6,450.00	-310.00	95.19%
Exhibit Chair Expense	42.00	50.00	-8.00	84.0%
Government Relations	240.00	300.00	-60.00	80.0%
Grants	574.10	500.00	74.10	114.80%
Membership Committee Expense	3,927.98	3,250.00	-677.98	120.86%
OCA Fall Conf/Encyclomedia	1,971.78	2,000.00	-28.22	98.59%
OCA Mid-Winter Conference	18,775.77	11,000.00	7,775.77	170.69%
OCA Summer Leadership	5,345.79	4,000.00	1,345.79	133.65%
Office Expense	450.00	600.00	-150.00	75.00%
President Contingency	111.56	200.00	-84.44	55.78%
Publication Committee	3,265.34	2,500.00	765.34	130.61%
Region Allotments	1,200.00	1,500.00	-300.00	80.0%
Scholarships	0.00	350.00	-350.00	0.0%
Website Expense	1,736.68	3,500.00	-1,763.32	49.62%
Total Expense	58,094.56	52,350.00	-5,744.56	110.97%
Net Income	-296.02	0.00	-296.02	100.0%

Assets		Liabilities		Equity	
Checking/Savings		Credit Cards		Opening Bal Equity	21,615.44
Arvest Bank	13,276.48	Visa Corporate	2,422.49	Retained Earnings	1,664.57
C.D. on deposit Arvest	10,000.00	Total Credit Cards	2,422.49	Net Income	-296.02
Total Checking/Savings	23,276.48	Total Current Liabilities	2,422.49	Total Equity	22,983.99
Accounts Receivable	2,130.00	Total Liabilities	2,422.49	Total Liabilities & Equity	25,406.48
Total Current Assets	25,406.48				

NEWSLETTER

take a look inside to see OCA's most recent news and updates!

Oklahoma Counseling Association is a unified partnership of diverse counseling professionals promoting the shared purpose of developing a deeper understanding of the profession, oneself, and the individuals we serve.

**a few
dates to
remember**

June 12, 2009

OK Association of Addiction and/or
Offender Counselors' Annual Workshop

June 12, 2009

OK School Counselors' Annual
Conference

July 17-18, 2009

OCA Summer Leadership Institute

**take a
look
inside**

**A New Chapter for a
New President**

**OCA Summer Leadership
Institute Info**

**Photos from the 2009 OCA
Mid-Winter Conference**