

NEWSLETTER

2008
dates to
remember

Board of Director's Meeting

November 6, 2008

Located at:

Furr's Family Dining
1201 S. Interstate Drive
Moore, OK

OCA Fall Conference

November 7, 2008

*Motivational Interviewing:
Preparing People for Change*

Location: Moore Norman
Technology Center, South Penn
Campus – 13301 South Penn-
sylvania (Corner of Southwest
134th and Penn)

Lodging: LaQuinta Inn, 2140
Riverwalk Drive, Moore, OK.
Call 405-759-7700 to reserve
your room by October 15th for
the \$99 per night rate.

President's Message: Gratitude, Greetings & Welcome

By Dr. Kathy Sanders, OCA President

I want to thank those of you who participated in the Summer Leadership program at Canebroke. Dr. Amy Blackburn's presentation was wonder-



ful and tied into the theme of using everyone's strengths and differences to continue to promote unity in OCA. Utilizing leadership styles and personality traits to show each of us that diversity extends beyond race, gender and ethnicity was a unique way for OCA members to see that all members of OCA have something to bring to the organization.

As the new president of OCA, I would like to extend a welcome to all counselors to participate in your state organization. Throughout my term

as president, I will continue to promote unity by recognizing how each person leads in his or her own way. Some lead best by following; others want to play a more active role as an officer of OCA or of a region or division. If any of you want to become more active in OCA, please feel free to call me. I can be reached at work by calling 918-444-3015. If I am not in the office, the department secretary will be happy to give me a message and I *will* return your call.

I hope to see a large turnout for both the Fall and the Mid-Winter OCA Conferences. I am excited about the quality of the presenters for both conferences and hope you share my enthusiasm. If you have any questions about upcoming conferences or anything relevant to OCA, please do not hesitate to call me. I look forward to serving you as the president of OCA.



Sign up for the OCA Fall Conference
November 7, 2008

take
a
look

Page 2 **OCA Fall Conference 2008**

Page 3 **School Counseling Today
.... Another View**
By Laressa Beliele

Page 6 **Lessons from Nature**
By Sherry Bynum

Page 7 **Dr. Sharon Zang Is
Coming to OCA's Fall
Conference!**

Page 10 **Oklahoma Counseling
Association Graduate
Student Scholarship
Application**

Page 12 **My Two-Cents**
By Deb Brantley

OCA Fall Conference - November 7, 2008
Motivational Interviewing: Preparing People for Change
with Sharon Zang Ph.D., LPC, NBCC, RN

About the OCA Fall Conference Presenter
By Dr. Kathy Sanders, President of OCA

Conference Schedule:

8:00 - 8:30 am	Registration
8:30 - 8:45 am	Welcome: Kathryn Sanders, OCA President
8:45 - 10:15 am	Presenter: Dr. Sharon Zang
10:15 - 10:30 am	Health Break
10:30 - 11:30 am	Dr. Zang (continued)
11:30 - 11:45 am	Announcements and Door Prizes
11:45 - 1:30 pm	Lunch Break /Region Meetings (location TBA)
1:30 - 2:30 pm	Dr. Zang (continued)
2:30 - 2:45 pm	Health Break
2:45 - 4:15 pm	Dr. Zang (continued)
4:15 - 5:15 pm	Division Meetings (location TBA)

Location: Moore Norman Technology Center
 South Penn Campus – 13301 South Pennsylvania
 (Corner of Southwest 134th and Penn)

Lodging: LaQuinta Inn, 2140 Riverwalk Drive, Moore, OK.
 Call 405-759-7700 to reserve your room by
 October 15, 2008, for the \$99 per night rate.

Registration costs before October 31, 2008:

\$75.00	OCA Professional/Associate Members
\$100.00	Non-Members
Free	OCA Student Members and Retirees Members

Registration costs after October 31, 2008:

\$150.00	OCA Professional/Associate Members
\$175.00	Non-Members
Free	OCA Student Members and Retirees Members

Lunch and lodging will be on your own.
5 hours CEUS requested for LPC, LADC, and LSW

The presenter for the OCA Fall Conference will be Sharon Zang Ph.D., LPC, NBCC, RN. Sharon is certified by the American Psychological Association as a HIV Outreach Prevention Educator (HOPE). She is a certified Motivational Interviewing Trainer of Trainees member (MINT).

Sharon has shared the stage with such notables as motivational interviewing expert Dr. Steve Rollnick. Dr. Zang and Dr. Rollnick presented in Bulgaria with a panel of experts who spoke about motivational interviewing with HIV patients and they also spoke about incorporating motivational interviewing into a corporate setting. Sharon has trained members of the Department of Community Corrections in Arkansas and will be conducting training for employees of the Federal Bureau of Pardon and Parole for northeastern Oklahoma. In addition to training government employees, Sharon has presented hands-on workshops, on how to use motivational interviewing, to counselors and counseling agencies. She conducted a 3-day motivational interviewing workshop for social workers in London this past summer.

OCA welcomes Sharon Zang, a full-time Assistant Professor of Psychology and Counseling at Northeastern State University - Broken Arrow Campus. She has been trained in Basic Motivational Interviewing; Intermediate Motivational Interviewing; and as a Trainer of Trainees for Motivational Interviewing. Sharon will add a hands-on approach to her interactive style of presenting on the process of change.

Change can be a scary and intimidating process for many people. As counselors, we are challenged to assist our clients in their progression of change. As a trainer for motivational interviewing, Dr. Zang will include the following into her presentation: identifying barriers to client change and recognizing the status of change within the client; participants will learn about the stages of change (DiClemente); participants will increase

OCA Fall Conference November 7, 2008 Registration Form

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Agency/School: _____
 Home Phone: _____ Email: _____
 Please include payment in the form of check, money order, credit card, or purchase order.
 Visa/MC: _____
 Exp Date: _____
 Signature: _____

Before October 31, 2008:
 _____ Professional/Associate Member (\$75)
 _____ Non-Member (\$100)
 _____ OCA Student Members and Retiree Members (Free)

After October 31, 2008:
 _____ Professional/Associate Member (\$150)
 _____ Non-Member (\$175)
 _____ OCA Student Members and Retiree Members (Free)

Mail your registration and payment to: Deb Brantley, Ph.D., at PO Box 157, Duncan, Oklahoma 73534
 Checks payable to: Oklahoma Counseling Association. Purchase orders accepted upon approval.

Please Note: You can continue to register for the conference online. To do so you will be using Pay-Pal. You are not registered for the conference until you complete the process. You will be able to print a receipt at the end of the process. Please bring this printed receipt to the conference.

their knowledge of intrinsic motivation versus external punishment with regard to the change process; participants will have an opportunity to practice counseling techniques that encourage “change talk”, participants will become familiar with common barriers to change and client “traps”; and participants will improve their techniques to help clients explore the costs and benefits of change. As a participant in the Fall 2008 OCA Conference, you will gain a great deal of knowledge about motivational interviewing and will be able to take what Dr. Zang demonstrates and use it in whatever counseling setting you work.

School Counseling Today....Another View *By Laressa Beliele, Vice-President of High School, Oklahoma School Counselor Association*

Recently I have had the opportunity to observe and participate in visitation procedures at an Oklahoma institution of incarceration. While waiting in a crowded lobby area with other family members who were hopeful to see their loved ones in a state correctional facility, I became aware of what is routine for many of Oklahoma’s school children. A lockdown had prevented visitation in the past month, which may have increased the impatience of those waiting. As this facility houses males, children were waiting to see their fathers. The two year-old boy next to me was struggling to be quiet and good during the hour-long wait. He helped his grandparents by sometimes holding the clear plastic bag of quarters which he would use for the vending machines when he saw his daddy. This was important, as every waiting family held a clear plastic bag of quarters; the only item allowed to be carried past the door. There were more people than chairs available; my two year-old friend was lucky that he had laps on which to sit. Other children waited to see their fathers, most of them appeared to be dressed in their church clothes complete with closed-toe shoes (a requirement for any visitor of a prisoner). I heard young voice asking when they would get to see “daddy”. The teenagers appeared to be nonchalant, in a quiet and watchful manner. I wondered how many of the visiting teens and children had gotten up early on this weekend morning to make a long drive to see their father, and how many times this trip had been made. Sometimes individuals were turned away, for various reasons they would not be able to visit. I watched as several stoically walked out the compact waiting room into the 100 degree heat of disappointment.



In 2006, Oklahoma had a total inmate population of 24,416 with males composing 89.7% and female inmates making up the remaining 10.3%. The average age of an Oklahoma inmate in 2006 was 37 years old. Educationally, 54% of the inmates had less than a 12th grade education and 31.5% held a high school diploma or GED; the remaining minority had some post-high school education or training (Oklahoma Department of Corrections, 2006). I was not able to locate statistics regarding how many Oklahoma inmates have children under the age of 18. However, the Bureau of Justice Statistics reported that in 1999 U.S. prisons held the parent of over 1.5 million children (Mumola, 2000). I wonder how often we,

school counselors, are dealing with children who come to our schools and take our mandatory tests and experience the incarceration of a parent.

I was one of the fortunate ones. My roundtrip drive was only 220 miles, in an air-conditioned car. I was able to buy the gas and not have to take time off my job to make the trip. My income and living status was not affected. My observations of my fellow visitors led me to think that many were not as fortunate. I pray that this experience and knowledge will help me to be a better counselor.

References:

Mumola, C.J. “Incarcerated parents and their children”, Bureau of Justice Statistics Special Report (August 2000).

Oklahoma Department of Corrections, F.Y. 2006 Receptions, Incarcerated, and Releases. www.doc.state.ok.us/adminservices/ea/FY06_Receptions_Incarc_Release.txt, retrieved 8/02/08.

About the Mid-Winter Conference *By Dr. Kathy Sanders, President of OCA*

I am very excited to report that Dr. Gerald Corey will be the presenter for the pre-conference for the OCA Mid-Winter Conference. Most of you will remember Dr. Corey as the author of many of the graduate textbooks used in your Master’s degree program. He has authored several books including the Ethics text, the Group text, and the Theories of Counseling text, which many universities and colleges utilize in their masters’ level and doctoral level classes. Dr. Corey will present “The Challenges Facing Group Leader: Understanding and Working with Difficult Group Members” (behavior problems will also be addressed) on Thursday, February 26, 2009.

Dr. Corey will be the keynote speaker on Friday, February 27, 2009. He will also present in the afternoon of the 27th of February. Dr. Corey will do a presentation for graduate students only or those who have graduated within the last 6 months. He will also do a presentation on Saturday, February 28, 2009. More information will be given via emails and when registration gets closer. The OCA officers are looking at several presentation proposals submitted by Dr. Corey.

The cost of the pre-conference only will be \$65.00 for early registration for members of OCA; \$75.00 for late registration or registration at the conference for members; \$45.00 for early registration for student members; \$75.00 for late registration at the conference for student members. Participants who are not members of OCA will pay \$75.00 for early registration and \$100.00 for on-site registration or late registration. For graduate students to receive the discounted price of \$45.00 for the pre-conference, they must submit the registration fee and submit their registration with a signature from one of their counseling professors indicating they are graduate students and register by mail by November 14, 2008. If graduate students submit after November 14, they will use the same registration fee schedule as regular members follow. These fees are for the Pre-Conference only.

OCA Southeast Region Report

By Deb Brantley, SE Region President

What a magnificent turnout we had at Pete's Place in June! As is customary for SE Region, we held our annual meeting at Krebs, OK, in a fantastic dining atmosphere. An overflow crowd came to eat fine food and hear a fine speaker. President Deb Brantley, Past-President Marilyn Kincade, Secretary-Treasurer Ray Quiett, Bonnie Ward, Ben Noah, and OCA President Sherry Bynum (now Past-President) were among those attending. Susan Stepp, Judy Nabors, Veronica Miller, Laurie Walters, Donna Parker, Shawn Palmer, JoDawna Smith, Kathye Easley, and Michelle Birchfield, were also there. Others attending the dinner meeting were Sharon Davis, Carol Snow, Amanda Copeland, William Ellington, Dana Hargus, Alicia Werr, Marie Berryhill, Tisah Callison, Kathleen Hopking-Elam, Janna Ledbetter, Anna Stephenson, Jenny Goodrich, Suzanne Richardson, and Richard Yahola. Also present were the speaker's wife, Ginger, Sherry Bynum's husband, Bill and other spouses and friends who did not sign in.

Ada resident, Lonnie Manuel, counselor for Chickasaw Nations, spoke on the topic of Ethics. He not only refreshed our thinking on the things we know, but he also provided us with the new information to assist us in maintaining the high ethical and professional standards to which OCA's professional counselors adhere.

I am honored to begin my first year of a two-year term as President of SE Region. At the June meeting, an election was held for the position of President-Elect. Ben Noah was elected to succeed me as President, serving July 2010-June 2012. Also elected was SE Region's nominee for Oklahoma Counselor of the Year. We are proud to have Bonnie Ward, a self-employed Licensed Professional Counselor, represent our Region for this honor. Congratulations, Bonnie! The state Counselor of the Year will be chosen from the nominees submitted by the five OCA Regions and will be awarded at Mid-Winter Conference in February 2009.

The next SE Region meeting will likely be held during the OCA Fall conference on November 7, 2008. The conference will be at the Moore-Norman Technology Center. Hope to see you all there!

OCA Central Region Report

By Curtis Boyer, Central Region President

For those who have children another school year has begun or will soon begin. Regardless, another year end is rapidly approaching and we are in the midst of selecting the next president of our great nation. Before I go any further some introduction is likely appropriate as the new president of Central Region. I am Curtis Boyer, an LPC and school counselor for Norman Public Schools. My family and I live in Norman. It seems like so long ago that I agreed to serve as president for this term but am excited the time has finally arrived. I would like to thank Deb Korff for her work as past Central Region president and her continuing work for OCA. As I reflect on the summer: vacations, children's activities, and OCA's Summer Leadership Conference come to mind which was personally a great experience. Thanks to all who had a part in planning and conducting the conference's events—Great Job!

Briefly, as the president of Central Region it is my goal not only to strive to keep members informed but also encourage other counselors to become involved in OCA by providing them with a personal contact and connection to our organization. In order for this effort to be successful it will be necessary to employ the assistance of current members to provide an avenue for this contact. So it is my request that if you have colleagues that do not currently belong to OCA please forward their contact information to me and indicate if you would like for me to make contact with them or if you would simply like to be provided with an invitation and information to present to them.

Additionally, I would like to share with you an organization that I have had the pleasure of being associated with and serving for the last several years. This organization is Kaleidoscope in Norman. Kaleidoscope is a center that provides grief support groups for families. The center was formed by an LPC and school counselor who saw the absence and need for such services in Norman and surrounding communities. Initially, the center provided services to only children, but has evolved and now offers a family approach to its grief services. The center operates purely on the generosity of volunteers. All counselors and the board of directors volunteer their time and services. The center director and coordinator also selflessly volunteer her time and expertise to serving these families experiencing the loss of an immediate family member. If you are aware of families that could benefit from the services of Kaleidoscope contact Suzie Price at 306-0052 for further information.

It is also my pleasure to announce that Central Region has selected its nominee for OCA's Counselor of the Year. Our nominee for this honor is OCA's Co-Executive Director Laressa Beliele. Congratulations Laressa! Finally, if you have suggestions for the next Central Region article or workshop topics you would like to see offered through the region please contact me at cboyer@norman.k12.ok.us. I appreciate your comments and the opportunity to serve as your central region president.

Executive Director's Report

By Marilyn Kincade

Wow! It is hard to believe that another year has come and gone. OCA is off and running for the year 2008-2009 with incoming President, Kathryn Sanders. OCA Summer Leadership Retreat was a big success



thanks to President Sanders and Marilon Morgan, President Elect. They teamed up to make the experience at Canebrake a rewarding, as well as informative event for OCA. Others in attendance were: Melvin Auten, Laressa Beliele, Wanda Blackburn, Curtis Boyer, Deb Brantley, Devin Brotherton, Sherry Bynum, Royce Caldron, Jerry & Nancy Chandler, Kelly Collins, Kathye Easley, Lee Ann Garcia, Sue Gill, Kelly James, Marilyn Kincade, Connie Fox

Moore, Phyllis Mchaud, Ben Noah, Linda Nunley, Bill Schiller, Sheila Timberlake, Amy Walker, Bonnie Ward, Rebecca Webster, Rick Williams, Ray Quiett, Gary McAlpin, Amanda Copeland, Sarah Deal and Presenter Amy Blackburn.

The OCA Handbook was updated by the Leadership Team and presented to each member present. Marilyn, Sherry and Laressa went over the handbook and explained the role of each leadership position in OCA. If you were unable to be present and hold an office in OCA you will need to contact Marilyn to get your copy at the next Board of Directors meeting to be held on November 6, 2008.

Sherry Bynum, Past President deserves a "BIG Round of Applause" for all of the things that she accomplished and was responsible for during her year as president. Thanks Sherry, you did an awesome job as president.

Kudos Again To: Wendy Perry!

Wendy has volunteered again to sponsor the OCA Fall Conference 2008 so that it can be held at the beautiful Moore-Norman Technology Center Campus on South Penn. The address is: 13301 S. Pennsylvania, OKC 73170. Call 405-364-5763 or go to www.mntechology.com for more information and directions.

Board of Directors Meeting November 6, 2008

By Dr. Kathy Sanders, President of OCA

The Board of Directors' (BOD) dinner meeting will be November 6, beginning at 6 P.M. at Furr's Family Dining, 1201 S. Interstate Drive, Moore, OK. Enjoy the all-you-can-eat buffet while conducting the business of your professional organization. The BOD meeting is an essential event in which every region and every division needs to be represented. Make sure to RSVP to Kathryn Sanders by November 1 at 918-444-3015 and leave your name with Laney or on the answering machine; you can also RSVP to her home phone at 918-379-0945. Kathy can also be reached via email at mksandersba@yahoo.com or sanderka@nsuok.edu; the home email address is preferred over the work email address.

Oklahoma Association of Addiction and Offender Counselors

By Sherry Bynum, Former OCA President

When you accept the office of president, you are expected to have written goals for the year. One goal that most presidents have in common is increasing membership. Sure enough, increasing membership is one of my priorities. Now the skeptic usually thinks that is just for the money. I can't tell you that money isn't important. It takes money to run any organization. If you want quality speakers, it takes money. Sometimes we are fortunate in that we don't have to pay for the location, but you can't count on it...and then there is food. I think you get the point. However, it isn't just about money. It just so happens that I believe it's what and who those numbers represent...I believe numbers represent power when united for one cause. Do you think legislators listen to one or one hundred counselors when a legislative issue is headed to the floor of the House or Senate? If we are to continue to make an impact legislatively, we have to unite...and the more of us united for one purpose and for one cause, greater the possibilities.

Several reasons for increasing our membership are to provide support and

to network. Counseling is stressful. We also must take care of ourselves and be willing to support each other. We need other counselors to hold us accountable.

Another reason is one that we don't think of until there is a real need, which is to provide referral sources. If someone calls and wants the name of a treatment facility for an adolescent, I may not know the answer, but I can give you the name of someone who does know. This is one of the greatest benefits of belonging to a professional organization.

Another goal that is at the top of my list is to have our division sponsor another workshop. So far we have sponsored two and each year the attendance has increased.

My last goal but not the least important is to evaluate our by-laws. First, we have to be in compliance with OCA which has to be in compliance with ACA. Second, what appeared applicable five years ago may or may not be applicable today. We will have a committee work on the by-laws and have them ready to be printed in the spring newsletter and voted on at Mid-Winter.

As you can see we are going to have a busy year. If you are interested in addictions, I hope you will consider joining Oklahoma Association of Addiction and Offender Counselors.

A couple of books you might want to read:

1. Terence T. Gorski and Merlene Miller. *Staying Sober: A Guide for Relapse Prevention*. Herald House/Independence Press, 1986.
2. David Carr. *The Night of The Gun: A Reporter Investigates The Darkest Story of His Life. His Own*. Simon & Schuster, 2008.

OKMHCA

By Connie Moore

The Oklahoma Mental Health Counselors Association has taken further steps to create a Disaster Relief Register. The register, modeled after a pilot originated by the American Mental Health Counselors Association, is a database of mental health professionals who pledge to give priority to referrals of 1) disaster survivors; 2) their loved ones; or 3) disaster responders. These professionals are neither first-responders, nor are they deployed to disaster sites. Those pledging to the registry would meet with those referred in the provider's office. Many of the referred are likely to have insurance, but each provider will try to accept at least one pro-bono referral.

Registration forms for the providers wishing to participate on the Registry, and a Statement of Understand for referred clients are being finalized. Both OKMHCA and OCA are making plans to increase the availability of disaster response training. If you are interested in offering your services consider additional continuing education focused on trauma and disaster assistance.

OKMHCA and Francis Tuttle Technology Center are teaming up to offer a training on October 3rd at Crossings Community Church. Our presenter, Colin Ross, M.D., is a psychiatrist who will present a workshop on Trauma Model Therapy and it's relation to borderline personality disorder and depression. Another workshop date that may be of interest: Ethics &

OSCA

*By Sue Gill, the OSCA Vice-President
for Elementary Counselors*

My name is Sue Gill, and I am the OSCA vice-president for elementary counselors. A new school year is underway, and with it brings excitement and anticipation. As elementary counselors, we have our challenges ahead. No matter how long I am in this profession, there are times that I need to get input from another school counselor about a situation. It is nice to have colleagues to help me.



I am proud to be a member of OCA/OSCA. It gives me a network of professionals who understand some of the situations with which I deal on a daily basis. I'm going to make it my personal goal to get at least one other school counselor to join our organization this year. I challenge all of you to do the same. If we all work together and get at least one counselor to join, our membership will increase significantly. There is strength in numbers! Have a wonderful school year. I can be contacted at sgill1960@aol.com

Oklahoma Christian Counseling Association

*By Sue Gill, the OSCA Vice-President
for Elementary Counselors*

Mark your calendars for an OCCA conference the evening of Friday, February 6, 2009. OCCA is proud to welcome our featured speaker, Dr. Lee Underwood, from Regent University. Dr. Underwood will speak on self-care for crisis responders. The place has not yet been determined, but the time will be 6:00 p.m. to 9:00 p.m. Registration and dinner will be 5:00-6:00. We are requesting three CEUs for this conference. Look for ALL the details in the next newsletter.

Dr. Underwood is Associate Professor at Regent University and serves as the chairperson of several doctoral dissertation projects. To Dr. Underwood, love, life, and laughter are his motto. Much of his life has been spent working with juveniles and evidence-based treatments for juvenile offenders. We look forward to this informative evening with Dr. Underwood.

OCA Handbook Update

By Sherry Bynum, Former OCA President

I wanted to say a special thank you to those who took their Sunday afternoons to work on the OCA Handbook. Our dedicated crew drove to my house, which for some meant getting lost and going in circles a few times.

Marilyn and I had made one of our goals for 2007-2008 to have an updated OCA Handbook ready for Leadership. Well, we were still putting the handbooks together the night before, but we made it. And best of all, we not only met our goal, but each member of the leadership team received a copy. If you were unable to attend, please contact Marilyn.

Those giving up two of their precious Sunday afternoons and then taking work home were Sue Gill, Deb Korff, Marilyn Kincade, Deb Brantley, Jerry Chandler and Laressa Beliele. Thanks again. We would never have made it without your willingness to serve.

Lessons from Nature

By Sherry Bynum, Newsletter Editor

I've always been a big believer that there are lessons we can learn from nature. We just have to be open to seeing and hearing.



A few weeks ago, my husband Bill, Mattie, the one-time abused stray that now owns our hearts, and I went on vacation. It was on our trip to Silverton, Colorado, that Bill drew my attention to a tree growing all alone practically at the top of the mountain, not only growing, but flourishing out of solid rock. Now, you are probably wondering what this has to do with counseling. Have you ever had a client who says: "My whole family is messed up." Just because obstacles look insurmountable, improbable and impossible does not make it true. That lone tree growing and flourishing on the side of a rocky mountainside can provide hope.

On the way home, between Chama and Santa Fe, a storm was brewing. We pulled over to take pictures of the clouds in the distance. When I stepped out of the car the wind was building...and there I saw the sun-



flowers dancing in the wind. With a storm brewing, it was as though they were laughing and dancing in the wind. Confident they could withstand the storm. Okay, how can we relate this to people? Well, let's face it. We are all going to face storms... sometimes we can even see them brewing. Some might say the idea of laughing and dancing when you see a storm brewing means you must be in denial...someone else might say...there is a person who understands serenity...knowing that even though storms of life come your way you have an inner peace. Some people just like those sunflowers at the foot of the mountains know they have an inner strength that will sustain them during the storms of life. Using these types of pictures gives clients an opportunity to process storms brewing in their lives and what inner strengths they have that will give them confidence to know they can withstand the storm. This also gives you the counselor an opportunity to reassure your client that there is hope.



And then there was the road we took that was less traveled...that is another story.

Dr. Sharon Zang Is Coming to The OCA Fall Conference 2008

Sharon Zang Ph.D, RN, LPC,NBCC Motivational Interviewing Trainer of Trainers member (MINT). Dr. Zang received her MS and Ph.D. from Oklahoma State University and is a full-time Assistant Professor at Northeastern State University-Broken Arrow Campus, in the Psychology and Counseling Department. She teaches undergraduate courses in Psychology and graduate level courses in the Counseling Psychology Program. She is a Licensed Professional Counselor in the State of Oklahoma (# 1570). Dr. Zang has been trained in Basic Motivational Interviewing; Intermediate Motivational Interviewing and Trainers of Trainers for Motivational Interviewing. She has conducted Introduction to Motivational Interviewing workshops at the graduate level for Northeastern State University; Introduction to Motivational Interviewing for Tulsa County Juvenile Justice Department; Introduction to Motivational Interviewing Oklahoma State Center for Health Sciences; Introduction to Motivational Interviewing for the Arkansas Department of Community Corrections, and Introduction to Motivational Interviewing for social workers, London, Great Britain. She has trained Intermediate and Trainers level of Motivational Interviewing for Arkansas Department of Community Corrections. In addition, Dr. Zang had two presentations to the International MINT forum, an invitation only conference, September 2007 in Sophia Bulgaria. She is currently supervising Motivational Interviewing trainers for the Arkansas Department of Community Corrections and will begin Training the Federal Bureau of Probations in Northeastern Arkansas.

Overall objectives: Upon completion of this workshop attendees will conceptualize the process of change; identify the status of change their within their client; identify barriers to client change, and each participant will apply this information to promote readiness for change.

Objectives for the training:

- Participants will increase their knowledge of the characteristics of individuals referred to their services. Including the ethnicity, socioeconomic status; the rates of mental health diagnosis; substance abuse issues, and learning disabilities.
- Participants will develop an understanding of risk principles and it's relationship to recidivism.
- Participants will become aware of resistance inducing treatment interventions.
- Participants will learn about the stages of change (DiClemente).
- Participants will increase their knowledge of the processes of change: Intrinsic motivation versus external punishment.
- Participants will practice counseling techniques that encourage "Change Talk".
- Participants will learn techniques to increase internal ambivalence.
- Participants will increase their ability to identify client talk that reflects the different stages of change.
- Participants will practice matching their responses to match client's level of readiness.
- Participants will become familiar with OARS and FRAMES.
- Participants will become familiar with common client "traps".
- Participants will become familiar with common barriers to change.
- Participants will increase their knowledge of decisional balance and techniques to help clients explore the costs and benefits of change.

Sign Up Now for the OCA Fall Conference
November 7, 2008

Motivational Interviewing: Preparing People for Change
with Sharon Zang Ph.D., LPC, NBCC, RN

Sign up before October 31st
to get special rates!

Don't wait too long!

From the Public Policy and Legislative Front

By Jerry Chandler, *The Ole Codger*

Well, we just wrapped up most of the primaries heading into the fall general election. It will be interesting to see the final results in the fall. Will we have a major shift in power in the Oklahoma Legislature? Will the Senate continue on with split power or will one group take control? Will the legislators who have been so supportive of the Oklahoma Counseling Association return to office to help us with our issues? What can we expect from the new legislature? I asked Vickie White-Rankin for some insight and the following is some of what she shared with us.

“As far as the schedule for committee meetings, that changes dramatically every two years, following an election cycle. There will likely be some dramatic turnover in the Legislature, resulting in significant changes in leadership. If those changes result in the end to the 50-50 power-sharing agreement in the Senate, the entire committee structure and meeting schedule will look different. In fact, the rules will not even look the same. It is anticipated that there could be substantial changes in Committee structure, make-up and leadership positions in the House as well. We will not know who the significant players are until at least mid to late November. The new leadership teams may not be named until sometime in December - or later. It was late in January before Committees were appointed after the last election cycle.”

“The most significant issue facing the legislature in the next session will be *lack of funding*. The Legislature sits on the precipice of a major financial catastrophe. It passed a standstill budget using many one-time revenue sources to fill giant holes in various agency budgets this year. Education and Mental Health were hit hard. With enormous back-loaded tax cuts and the passage of HB1804 (to address illegal immigration), the state has lost billions of dollars from its economy, and has no way to make up the lost revenue. If oil and gas prices sky-rocket, and there are no additional tax cuts, the bleeding from our state budget may slow. However, the Legislature will have to fill the hole created in the state budget with revenue from some as yet unidentified source. This leaves little - if any - new money for appropriation. *There were no new programs funded this year that were not federally mandated*, and it remains unlikely that any such programs will be created or funded as long as we continue in this political and economic environment.”

Vickie White-Rankin went on to say, “I encourage all of our members to begin talking about the need for National Certified School Counselor Credential Bonuses to all candidates running for office, with emphasis on incumbents likely to win. No matter how dire the picture, it won't happen if we don't talk to people about its importance! We need to educate legislators about the important role our members play in the school setting, and raise the level of interest in supporting our efforts!”

I added some emphasis to her comments but it is clear in talking with her and others in the legislature that the budget process may indeed be a major struggle this next session. We are still waiting to see.

Senate Bill 1640 (Mandates that insurance companies recognize LPC's and LMFT's) is effective November 1, 2008. As of right now Blue Cross/Blue Shield is apparently still trying to play the “no” game or “delay”

game. A number of folks have communicated with me that they have been in contact with BCBS and that they have received less than cooperation. Guess we will have to wait for the appointed time to deal with this if it is still an issue.

At several meetings including summer leadership, the leaders of the Oklahoma School Counselors Association have identified the obtaining of recognition by Oklahoma of the National Certified School Counselor credential as worthy of the National Board Certification bonus stipend. This will be another tough battle. We have made several attempts at this but have not yet been successful. The time to start as Vickie said is now. Get to know your legislative candidates and tell them that this is an important issue. Your OSCA leadership team will be providing information to you in the near future concerning this issue.

Again I encourage you to get involved the real world of politics. If we (you) do not, someone else will decide the future for counselors and that future may not be rosy.

Last here is some last minute news from the American Counseling Association regarding legislation at the federal level.

ACA Update: Legislation Introduced to Increase Counselors in Low Income Schools

On July 30th, Representatives Edolphus “Ed” Towns (D-NY), Linda T. Sanchez (D-CA), and Senators Blanche Lincoln (D-AR), Hillary Clinton (D-NY), and Thad Cochran (R-MS) introduced a bipartisan bill to increase the number of school counselors in qualified low income schools.

H.R. 6654/S.3364, the Increased Student Achievement Through Increased Student Support Act, would authorize grant funding to form partnerships between higher education institutions that train school counselors, school social workers, and school psychologists and Local Educational Agencies that serve low-income student populations in both urban and rural communities. The legislation also would create a student loan forgiveness program for individuals who have served five or more school years as school counselors, school social workers, or school psychologists in similarly qualified low-income schools.

The legislation has been endorsed by over 20 education and mental health organizations, including the American Counseling Association, American School Counselor Association, the American Counseling Association, the School Social Work Association of America and the National Association of School Psychologists. A joint statement released by these four organizations stated, “Increasing the achievement of students from low-income homes is critical to our nation, but schools must have the proper support systems in place to ensure that teachers are not alone in this effort. This legislation provides an opportunity for schools to access the appropriately trained school-employed mental health professionals necessary to ensure that students who need the most help receive it in a timely, focused manner.”

ACA was very involved in helping draft this legislation, and is very pleased to offer our full support for these bills, which recognize the need for federal and state leadership in coordinating critical support services that enable students to be successful in school.

What You Can Do:

Call and email your U.S. Senators and Representative today and ask them to cosponsor H.R. 6654/S.3364, the Increased Student Achievement Through Increased Student Support Act. You can find out who your Senators and Representative are and email them by visiting the ACA internet legislative action center at <http://capwiz.com/counseling> and entering your zip code in the box indicated. Or you can contact your Senators and Representative by calling the U.S. Capitol Switchboard at 202-224-3121 and asking for his or her office. A telephone call is the best.

Suggested Message for Senators:

“As your constituent, and as a school counselor, I urge you to co-sponsor and support S.3364, the Increased Student Achievement Through Increased Student Support Act, which would increase the number of school counselors in qualified low income schools.”

“America’s schools, especially those in underserved communities, are in desperate need of additional qualified counseling staff. On average, there is only one school counselor for every 476 students in our nation’s elementary and secondary schools. This is unacceptable. Students today are faced with increasing challenges and difficulties, and need all the support we can provide. ACA recommends a maximum average student-to-counselor ratio of 250:1 to ensure that students have adequate access to counselors’ services.”

“I urge you to co-sponsor and support S.3364 to help provide counseling services in America’s most needy schools. With your support, together we can impact the lives of million of students, their families, teachers, and the communities they call home.”

Suggested Message for Representatives:

“As your constituent, and as a school counselor, I urge you to co-sponsor and support H.R. 6654, the Increased Student Achievement Through Increased Student Support Act, which would increase the number of school counselors in qualified low income schools.”

“America’s schools, especially those in underserved communities, are in desperate need of additional qualified counseling staff. On average, there is only one school counselor for every 476 students in our nation’s elementary and secondary schools. This is unacceptable. Students today are faced with increasing challenges and difficulties, and need all the support we can provide. ACA recommends a maximum average student-to-counselor ratio of 250:1 to ensure that students have adequate access to counselors’ services.”

“I urge you to co-sponsor and support H.R. 6654 to help provide counseling services in America’s most needy schools. With your support, together we can impact the lives of million of students, their families, teachers, and the communities they call home.”

To read a press release on the bill, go to: www.house.gov/apps/list/press/ny10_towns/sanchez.html.

ACA Update: Congress Gives Final Approval to Higher Education Bill; Adds New Loan Forgiveness Program for School Counselors!

On July 31st, Congress gave final approval to compromise bill to overhaul the Higher Education Act. The bill, the Higher Education Opportunity Act of 2008 (H.R. 4137), was passed by the House by an overwhelming

bipartisan vote of 380-49. The Senate also approved the bill by a bipartisan vote of 83-8. The measure is the first comprehensive, long-term overhaul of the Higher Education Act in a decade. The bill now heads to the President for his signature. Following that, the Department of Education must issue regulations to implement the new law.

ACA is very pleased to announce that H.R. 4137 creates a new “Loan Forgiveness for Service in Areas of National Need” program. The loan forgiveness program covers 17 areas of “national need,” including school counselors working full time in low-income schools (see definition of low-income school below).

To qualify for the new “Loan Forgiveness for Service in Areas of National Need” program, eligible borrowers must be: 1.) employed full time in an area of national need (see list below), and 2.) not in default on the loan for which they are seeking forgiveness.

The program permits the U.S. Department of Education to:

1. Forgive up to \$2,000 in Federal Stafford Loan or Federal Direct Stafford Loan debt, for each school year or calendar year of full-time employment in area of national need, up to 5 years, for a maximum of \$10,000 per eligible borrower. *Note: Federal PLUS Loans borrowed on behalf of a dependent student are not eligible*

Please note the new loan forgiveness program will:

2. Be available only after the legislation is signed into law by the President
3. Not be available for previous years worked
4. Be provided on a first-come, first-served basis
5. Be subject to the availability of annual funding by Congress

Areas of national need include: early childhood educators; foreign language specialists; librarians; highly-qualified teachers serving students who are limited English proficient, low-income and underrepresented populations; child welfare workers; speech-language pathologists and audiologists; school counselors; public sector employees; nutrition professionals; medical specialists; mental health professionals; dentists; applied sciences, technology, engineering or mathematics (STEM) employees; physical therapists; superintendents, principals, and other administrators; and occupational therapists.

Low-Income School

To be considered a “low-income school,” the school must be in a school district that qualified for federal funds in the year for which the cancellation is sought. Also, more than 30 percent of the school’s enrollment must be made up of children from low-income families.

To find out if the school that employs you is classified as a low-income school, you can check the U.S Department of Education’s online database for the year(s) that you have been employed as a school counselor. Go to: www.tcli.ed.gov/CBSWebApp/tcli/TCLIPubSchoolSearch.jsp.

This is all the information we have available on the loan forgiveness program at this time. We will attempt to provide more details from the Department of Education as they become available in the months ahead.

Finally, thank you to the thousands of ACA members who have been diligently advocating for loan forgiveness for school counselors over the last two years!

Oklahoma Counseling Association Graduate Student Scholarship Application

Deadline to Apply:

Your application must be postmarked by January 15, 2009. In order to be considered. All application materials must be included (late or incomplete applications will not be considered. The completed application should be mailed to the current Secretary of the Oklahoma Counseling Association. The following must be attached/included with your application.

1. An official copy of your complete transcript documenting that you are a student (enrolled in at least six semester hours in a graduate counseling program)
2. A vita (max 2 pages)
3. A one-page letter describing yourself, your career and professional goals and your involvement in OCA.

Please print clearly:

Name: _____

Social Security Number: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Email: _____

Are you an Oklahoma resident? yes no

Will you pay in state tuition? yes no

Where are you attending graduate school? _____

What degree are you pursuing? _____

Graduate GPA in counseling program: _____

Number of graduate counseling hours completed: _____

Number of hours enrolled in current semester: _____

Expected graduation date: _____

Number of hours you expect to enroll in for the next year:

Fall _____ Summer _____ Spring _____

Applicant Signature: _____

Date: _____

Please mail completed application to:

Deb Korff, OCA Secretary
13121 Boxwood Court

OCA Leadership Team 2008-2009

- Kathryn Sanders, President.....sanderka@nsuok.edu
- Marilon Morgan, President Elect.....morganm@nsuok.edu
- Sherry Bynum, Past President.....shebyn@sbcglobal.net
- Marilyn Kincade, Executive Director.....markincade@acninc.net
- Laressa Beliele, Executive Director.....pennbel@aol.com
- Deb Brantley, Treasurer.....sparkee@texhoma.net
- Debbie Korff, Secretary.....dkorff@cox.net
- Kelly Collins, Membership Chair.....kelcollins1967@cox.net
- Sherry Bynum, Newsletter Editor.....shebyn@sbcglobal.net
- Jerry Chandler, Assistant Newsletter Editor.....chandlersheep@pldi.net
- Royce Caldron, Publicity & Parliamentarian.....caldronr@onemain.com
- Sue Gill, Exhibit Chair.....sgill1960@aol.com
- J.C. Smith, State Dept. Education.....j.c._smith@sde.state.ok.us
- Kelly Arrington, State Dept. Career Tech.....karri@okcareertech.org
- Ray Quiett, Ethics Chair.....quiett@cablone.net
- Jerry Chandler, Government Relations.....chandlersheep@pldi.net
- Sherry Bynum, Government Relations Assist.....shebyn@sbcglobal.net
- Sherry Bynum, OAAOC President.....shebyn@sbcglobal.net
- Rick Williams, OACES President.....williari@nsuok.edu
- Sue Gill, OCCA President.....sgill1960@aol.com
- Margaret Durham, OSCA President.....mamd54@yahoo.com
- Linda Crittenden, OMHCA President.....mccrittenden@cox.net
- Devan Brotherton, OAMCD President.....devan-brotherton@cherokee.org
- Curtis Boyer, Central Region President.....cboyer@norman.k12.ok.us
- Deb Brantley, Southeast Region President.....sparkee@texhoma.net
- Rhonda Weaver, Southwest Region President.....rweaver@caddokiowa.com
- Mary Brenner, Northwest Region President.....brennerdavid@sbcglobal.net
- Sarah Deal, Northeast Region President.....deal@nsuok.org

Check out our website and see what's happening at OCA
www.oklahomacounseling.org

Phone: 580.255.7460 • Fax: 580.255.7675

Dr. Deb Brantley

Licensed Professional Counselor

1212 West Willow • Duncan, OK 73533

IMPORTANT ANNOUNCEMENT

Please do not use any old registration forms. If you have any, please destroy them. If you use an old form, it may go to an old address that is no longer in use. Please share this information with others.

Thanks, Sherry Bynum, Former OCA President

Michael D. Swafford, Psy.D.

Doctor of Clinical Psychology
Licensed Professional Counselor

Counseling Services

Individual | Couples | Adolescent | Substance Abuse Recovery

- Evaluations Available
- Approved LPC Supervision
- Behavioral Health Consultant
- Insurance & Credit Cards Accepted

105 S. Bryant, Ste. 302
Edmond, OK 73034
405.844.7793
DrMikeSwafford@aol.com

IMPORTANT NOTICE

On July 11, 2008, rule amendments became active for Chapters 400-LMFT, 403-LBP and 405-LPC. Go to <http://pcl.health.ok.gov> for more information. **You are responsible to know these changes!**

A Chance to Change is seeking a licensed (or Under Supervision for licensure) counselor for part-time work with clients with substance abuse and/or mental health issues. Work in a congenial atmosphere with professionals providing excellent client care. Call 405-840-9000 for more information.

IMPORTANT NOTICE

If you have moved and you are a Licensed Professional Counselor, you must notify the LPC Board.

For more information about becoming an OCA member, please email to membership@oklahomacounseling.org, call 405.306.8225 or go to www.oklahomacounseling.org.

Oklahoma Counseling Association A Branch of American Counseling Association Membership Application

Check all that apply:

New member _____ Renewal _____ Information Change _____

Please print clearly so that your information is printed accurately in our membership directory.

Circle one: Dr. Mr. Mrs. Ms.

Name: _____

OCA Region: C NE NW SE SW

OK House District _____ OK Senate District _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Work Phone: _____

Fax Number: _____

Email: _____

Please print clearly - this email address will be used to send you newsletters.

OCA DUES (Check One)

Professional \$40.00 _____

Associate \$30.00 _____
(Individuals in a counseling role with less than a masters degree)

Student *(Minimum 6 hour enrollment)* \$25.00 _____

Professor Signature: _____

Retiree \$40.00 _____

(OCA allows Student and Retired members to attend the Fall and Mid-Winter Conferences FREE of charge. Lunches and Pre-Conferences are NOT considered part of the conferences.)

DIVISIONS (Must Join At Least One)

Oklahoma Association of Addictions and Offenders Counselor
\$10.00 _____

Oklahoma Christian Counselor Association
\$ 5.00 _____

Oklahoma Association of Counselor Education & Supervision
\$10.00 _____

Oklahoma Mental Health Counselor Association
\$10.00 _____

Oklahoma Association for Multicultural Counseling & Development
\$5.00 _____

Oklahoma School Counselor Association
\$15.00 _____

Total Dues: _____

Visa/Mastercard #: _____

Card Exp. Date: _____

Signature: _____

Mail your registration and payment to:

Deb Brantley, Ph.D., at PO Box 157 / Duncan, Oklahoma 73534

Checks payable to: Oklahoma Counseling Association

For Office Use Only

Received by: _____ Date: _____

Method of payment: C CC CK Amount: _____

meeting minutes

Call to Order:

The meeting was called to order by OCA President, Kathryn Sanders at approximately 12:29 p.m.

Treasurer's Report:

Treasurer, Deb Brantley presented the 2008-2009 budget. President, Kathryn Sanders indicated additional funds were needed to help with speaker costs for Mid-Winter and proposed moving \$500 from the Fall Conference line to the Mid-Winter line. Devan Brotherton moved to accept the proposed budget with the change, Sherry Bynum seconded. Motion passed.

Deb also reminded divisions and regions that their annual reports were due June 30. Reports must be received in order for divisions and regions to receive their rebates in November. To date, the following divisions have turned in their reports: OMHCA and OSCA; regions reports received are Northwest and Southeast.

Credit Card Machine:

Finally, a credit card machine will be onsite to help with Fall and Mid-Winter registrations.

Online Payment Process:

Discussion ensued about the online payment process. There have been several issues with the online system which need to be discussed with Bramlett Multimedia. The discussion about whether to proceed with online membership renewal and online registrations in the future was presented. Sherry Bynum moved and Devan Brotherton seconded that the executive board discuss the matter further. Motion passed.

Adjournment:

Meeting adjourned at 12:53 p.m.

Respectfully Submitted,

Kelly Collins

money talks

My Two-Cents • By Deb Brantley, OCA Treasurer



It was so good to see the good Summer Leadership turnout at The Canebrake. All attendees seem to have had a great time while learning new leadership skills and enjoying a nice “get-away.” If you weren’t able to attend, you missed a rewarding experience. I hope to see you all at OCA’s next conference this November at the Moore-Norman Technology Center.

Our 2007-2008 fiscal year ended June 30 and, at the time of this writing, we’re a month into our new year. Last year’s income from dues collected and conference fees was under our projected budget income, but our total actual expenses was also under the amount budgeted. So, bottom line, our financial year ended well. Included in this Newsletter, you will see the reports for FY07-08.

Divisions and Regions, you are doing a great job this year with the submission of your required year-end reports! However, I am still missing reports from Central Region, Southwest Region, and OAAOC. If you’re an officer of one of these, please help the person in charge of the reports to complete and submit them to me ASAP. Remember, I won’t be able to issue the Region Allotment/Division Rebate checks this fall without the required reports. I sincerely appreciate all the work that you all do in serving your Region/Division, OCA, and our profession as a whole. Keep up the great work!

Aren’t the Newsletters and the OCA website looking wonderful? If you haven’t visited the website lately, be sure to check it out. Having the ability to join OCA, renew dues, and register for conferences online is a giant step toward growth and progress for our association! We are still de-bugging some aspects of the online renewal and conference registration. If you have attempted online transactions and were unsuccessful, please bear with us. As is true of any similar website, using the online option requires the use of a credit card. Renewing and registering cannot be completed online without securing payment. Lack of knowledge of this fact may have created some confusion in the past. Our payment method goes through PayPal and is internet safe. However, if you aren’t comfortable with the process, you always have the option of renewing and registering with a check or writing your credit card information on the form and mailing it to the Treasurer. Whichever method works for you... works just fine for me!

Thanks to each one of you for your dedication to growing our professional association and improving our profession. See you soon!

money matters

	Jul 07 - Jun 08	Budget	\$ Over Budget	% of Budget
Income				
Advertising Income	27.00	200.00	-173.00	13.5%
Exhibits	1,870.00	1,500.00	370.00	124.67%
Fall Conference Income	2,354.32	5,000.00	-2,645.68	47.09%
Interest	429.75	300.00	129.75	143.25%
Lobby Contributions	4,459.45	6,000.00	-1,540.55	74.32%
Membership Dues	21,707.39	22,500.00	-792.61	96.48%
Mid-Winter Conference Income	14,143.94	15,500.00	-1,356.06	91.25%
Miscellaneous	67.00	250.00	-183.00	26.8%
Summer Leadership	2,274.41	1,500.00	774.41	151.63%
Total Income	47,333.26	52,750.00	-5,416.74	89.73%
Expense				
ACA Mid-West Conf	3,148.00	3,200.00	-52.00	98.38%
ACA Nat'l Conf	4,365.48	5,600.00	-1,234.52	77.96%
Accountant Expense	450.00	450.00	0.00	100.0%
Awards	272.04	300.00	-27.96	90.68%
Direct Lobbying Expense	6,400.00	6,400.00	0.00	100.0%
Division Rebates	6,465.00	7,000.00	-535.00	92.36%
Exhibit Chair Exp	100.86	150.00	-49.14	67.24%
Government Relations	798.89	3,200.00	-2,401.11	24.97%
Grants	0.00	500.00	-500.00	0.0%
Membership Committee Expense	1,960.04	3,400.00	-1,439.96	57.65%
OCA Fall Conf/Encyclomedia	1,260.50	3,000.00	-1,739.50	42.02%
OCA Mid-Winter Conference	11,093.26	9,000.00	2,093.26	123.26%
Office Expense	600.00	600.00	0.00	100.0%
President Contingency	200.00	100.00	100.00	200.0%
Publication Committee	4,179.79	1,850.00	2,329.79	225.92%
Region Allotments	1,200.00	1,500.00	-300.00	80.0%
Scholarships	0.00	500.00	-500.00	0.0%
Summer Leadership	169.22	2,500.00	-2,330.78	6.77%
Website Expense	2,479.35	3,500.00	-1,020.65	70.84%
Total Expense	45,142.23	52,750.00	-7,607.77	85.58%
Net Income	2,191.03	0.00	2,191.03	100.0%

Assets		Liabilities		Equity	
Checking/Savings		Credit Cards		Opening Bal Equity	21,615.44
Arvest Bank	13,360.35	Visa Corporate	449.09	Retained Earnings	-895.21
C.D. on deposit Arvest	10,000.00	Total Credit Cards	449.09	Net Income	2,191.03
Total Checking/Savings	23,360.35	Total Current Liabilities	449.09	Total Equity	22,911.26
Total Assets	23,360.35	Total Liabilities	449.09	Total Liabilities & Equity	23,360.35

NEWSLETTER

take a look inside to see OCA's most recent news and updates!

Oklahoma Counseling Association is a unified partnership of diverse counseling professionals promoting the shared purpose of developing a deeper understanding of the profession, oneself, and the individuals we serve.

**a few
dates to
remember**

November 6, 2008
Board of Director's Meeting

November 7, 2008
OCA Fall Conference

**take a
look
inside**

OCA Fall Conference Info

Lessons from Nature
By Sherry Bynum

School Counseling Today....
Another View *by Laressa Beliele*

Oklahoma Counseling Association
PO Box 50280
Midwest City, OK 73140-5280

OCA