

Local Support Group Meeting Schedule

The meetings contained on these pages are compiled as a courtesy by NAIC-Center for Oklahoma Alcohol & Drug Services, Inc.

All the information herein is provided by each of the different groups represented. NAIC attempts to stay current with each meeting place and time. However, due to the nature of some groups, changes take place and our agency is not notified in a timely manner.

If you are uncertain about any of the listed meetings, note the phone number(s) and call the appropriate one to inquire as to the status of that meeting.

If you have information regarding a group change, please tell us so we can keep the list as updated as possible.

Thank you for your cooperation and your patience.

One Day At A Time



NAIC 405.321.0022 www.naichelp.org

Cleveland and McClain County meetings of AA (Alcoholic Anonymous), Alanon, Al-Ateen, N/A (Narcotics Anonymous), OA (Overeaters Anonymous) and CODA (Codependents Anonymous).

This list has been compiled by NAIC-Center for Oklahoma Alcohol and Drugs Services, Inc. with your cooperation. Please notify our receptionist of any changes.

Our mailing address is: NAIC, P.O. Box 824, Norman, OK 73070
 Email address is: prevention@naicnor.org
 A list of meetings is also available at www.naicnor.org

AA Hotline..... 405-524-1100 AA Intergroup..... 405-949-0910
 Al-Anon Intergroup 405-767-9071 N/A (Narcotics Anonymous)..... 866-524-7068
 24 Hour Hotline – Toll Free
 Co-Dependents..... 405-329-6019 Overeaters Anonymous 405-942-0577
 GAMBLERS ANONYMOUS Oklahoma City Hotline Number:
 Tulsa Hotline Number: (918) 760-4349 (405) 912-2200, (405) 525-2026

(O) = Open Meeting (C) = Closed Meeting

Norman	
AA Clean Air Group	1734 Halley Ave., Building 601 (North Base Area)
Norman Original Group (AA)..... Norman Original Group (NA)..... Al-Anon..... Ala-Teen	1495 E. Alameda, 872-1941
Phoenix Group.....	227 W. Main Street (360-4822)
Tools of Recovery.....	1734 Priestly Ave., Building 605 (North Base Area)
McFarlin Methodist Church.....	419 S. University
St. John’s Episcopal Church.....	Corner of Asp and Duffy Streets
Faith Assembly Church.....	2040 W. Boyd (between SW 24th And McGee)
4 th Dimension Group.....	Memorial Presbyterian Church, SW entrance
Knights of Columbus.....	1511 S. Jenkins (house on south side of St. Thomas More)
Central Oklahoma CMHC (DTR Norman) ...	909 E. Alameda
Moore	
St. Andrew’s Catholic Church.....	800 W. 5th
Little Axe	
Little Axe AA & Alanon	SW Corner of HWY 9 & 156 th White House (W. of Tribal Store) Info: Judy R. 366-2166, 329-1454, 627-2166 or Betty S. 329-4280
Newcastle	
AA, Al-Anon.....	Newcastle Disciple Christian Church (Hwy 37 &76)

~~ Monday ~~ Monday ~~ Monday ~~

Norman

6:00 am	AA (O)	Topic Discussion	Norman Original Group
9:00 am	AA (O)	Topic Discussion	Norman Original Group
12:00 pm	Al-Anon	Serenity at Noon Group	St. John's Episcopal Church
12:00 pm	AA (O)	Big Book Study	Norman Original Group
12:00 pm	AA (C)	12 x 12	Phoenix Group
12:00 pm	AA (O)	12 Steps and 12 Traditions (Non-Smoking)	AA Clean Air Group
12:00 pm	AA (O)	Twelve & Twelve (Non-Smoking)	Norman Original Group (Al-A-Teen Room)
12:00 pm	AA (O)	AA	901 N. Peters, 321-1454
12:00 pm	NA (O)	Step Study	It Works NOG
5:30 pm	AA (O)	"Living Sober"	Norman Original Group
5:45 pm	DTR	Double Trouble in Recovery	COCMHC, 909 E. Alameda Contact Becky @ 573-3987
6:00 pm	OA	OA (Overeaters Anonymous)	St. Micheal's Episcopal Church 1601 W. Imhoff Rd.
6:30 pm	NA (O)	Basic Text	It Works NOG
6:30 pm	AA (C)	Big Book	Triangle Group
7:00 pm	GA	Gamblers Anonymous	St. Stephen;s United Methodist Church 1801 W. Brooks (Corner of McGee & Brooks)
7:00 pm	Al-Ateen		W. Boyd Faith Assembly of Go Shepherds Hall
8:00 pm	Al-Anon	Regular Meeting	Alameda Church of Christ
8:00 pm	AA (C)	Big Book Study	Norman Original Group
8:00 pm	NA (C)	Basic Text	It Works NOG
8:00 pm	AA (O)	Big Book	Phoenix Group
8:00 pm	AA (C)	12 x 12 Study	Triangle Group
8:00 pm	Al-Anon		113 Hal Muldrow Drive
8:00 pm	AA (O)		2416 Classen
8:00 pm	Al-Anon	Discussion – New Beginnings	Phoenix Group
8:00 pm	AA (O)	Primary Pupose Group, Big Book Study	St. John's Episcopal Church, Contact: 473-3300
8:00 pm	Al-Ateen	Sunup	Norman Original Group
8:00 pm	NA (O)	NA	Tools of Recovery – 1734 Priestly Ave.

Little Axe

7:00 pm	Al-Anon		SW Corner of HWY 9 & 156 th White House (W. of Tribal Store)
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Moore

8:00 pm	AA (C)	Basic Step Study	St. Andrews Church
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Newcastle

7:30 pm	Al-Anon		Newcastle Disciple Christian
7:30 pm	AA		Church (Hwy 37 &76)

Oklahoma City

6:30 pm	DTR	Double Trouble in Recovery	Jesus House, 3134 W. Sheridan Contact Penny @ 232-7164
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~~ Tuesday ~~ Tuesday ~~ Tuesday ~~

Norman

6:00 am	AA (O)	Topic Discussion	Norman Original Group
9:00 am	AA (C)	Big Book Study	Norman Original Group
12:00 pm	OA (O)	OA (Overeaters Anonymous)	St. Thomas More Catholic Church-Jenkins & Stinson
12:00 pm	AA (O)	Big Book	Phoenix Group
12:00 pm	NA (C)	Open Topic	It Works NOG
12:00 pm	AA (O)	Topic Discussion	Norman Original Group
12:00 pm	OA	OA (Overeaters Anonymous)	St. Thomas More Church 100 Stinson (Corner of Jenkins & Stinson)
12:00 pm	AA (C)	Women's Group	St. John's Episcopal Church
5:30 pm	AA	Slogans (Non Smoking)	AA Clean Air Group
5:30 pm	AA (C)	12 & 12 Steps/Traditions	Norman Original Group
6:30 pm	NA (C)	NONAG: How and Why	NONAG NOG
6:30 pm	AA (C)	Big Book	Triangle Group
6:30 pm	NA (O)	NA	Living Room Group – 1433 W Boyd
7:00 pm	Gam-Anon	Gam-Anon	South Lindsey Baptist Church 3300 S. Lindsey, OKC, OK.
7:00 pm	AA (O)		St. John's Episcopal Church
7:00 pm	AA (O)	Overcomer's Outreach	Goodrich Methodist Church 200 W. Hayes Street Contact: Richard and Linda, 579-0950
8:00 pm	AA (O)	Beginner Steps 1, 2, & 3	Norman Original Group
8:00 pm	AA (C)	Steps and Traditions	Phoenix Group
8:00 pm	NA (O)	NA	Tools of Recovery
8:00 pm	Al-Anon	Steps Mtg (New Beginnings)	Phoenix Group
8:00 pm	AA (O)	Bad Company Revisited Group	Alameda Church of Christ
8:00 pm	AA (O)	12 x 12	4 th Dimension Group; Memorial Presbyterian Church, SW entrance
8:00 pm	NA (O)	Tradition/Step – How & Why	It Works NOG
8:00 pm	AA (C)	As Bill Sees It	Triangle Group
8:30 pm	AA (C)	Reflections	Triangle Group

~~ Wednesday ~~ Wednesday ~~ Wednesday ~~

Norman

6:00 am	AA (O)	Topic Discussion	Norman Original Group
9:00 am	AA (O)	Topic Discussion	Norman Original Group
12:00 pm	AI-Anon	Sunshine Group	St. John's Episcopal Church
12:00 pm	OA (O)	OA (Overeaters Anonymous)	901 N. Peters, 321-1454
12:00 pm	NA (O)	Step Study – How & Why	It Works NOG
12:00 pm	AA (C)	12 & 12 Steps/Traditions	Norman Original Group
12:00 pm	AA (O)	Living Sober	Phoenix Group
5:30 pm	AA (O)	Topic Discussion	Norman Original Group
5:30 pm	AA (O)	As Bill Sees It (Non-Smoking)	AA Clean Air Group
5:30 pm	AA (O)	As Bill Sees It	Norman Original Group (AI-A-Teen Room)
6:00 pm	DTR	Double Trouble in Recovery	Transition House, 700 Asp, Suite 4 Contact George @ 360-7926 or 329-5332
6:30 pm	AA (O)	Heritage	Triangle Group
6:30 pm	CODA	Topic Discussion	United Ministry 1st & Elm
6:30 pm	NA (O)	Basic Text	It Works NOG
7:30 pm	AA (C)	Step Study	St. John's Episcopal Church
8:00 pm	AI-Anon		McFarlin Methodist Church
8:00 pm	NA (O)	NA	Tools of Recovery – 1734 Priestly Ave.
8:00 pm	AA (C)	Big Book	Phoenix Group
8:00 pm	AA (C)	12 & 12 Steps/Traditions	Norman Original Group
8:00 pm	AI-Anon	New Beginnings	Phoenix Group
8:00 pm	NA (O)	Step Study	It Works NOG

Little Axe

7:00 pm	AA		SW Corner of HWY 9 & 156 th White House (W. of Tribal Store)
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Oklahoma City

1:00 pm	DTR	Double Trouble in Recovery	Hope CSI, 105 SE 45 th Contact Marti @ 632-1900
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~~ Thursday ~~ Thursday ~~ Thursday ~~

Norman

6:00 am	AA (O)	Topic Discussion	Norman Original Group
9:00 am	AA (C)	12 & 12 Steps/Traditions	Norman Original Group
12:00 pm	AA (C)	"As Bill Sees It"	Norman Original Group
12:00 pm	NA (C)	Step Study Guide	It Works NOG
12:00 pm	OA	OA (Overeaters Anonymous)	St. Thomas More Church 100 Stinson (Corner of Jenkins & Stinson)
5:30 pm	AA (C)	Big Book Study	Norman Original Group
6:30 pm	NA (O)	NONAG: Just for Today	NONAG NOG
6:30 pm	AA (O)	123 & 12 Steps/Traditions	Triangle Group
7:00 pm	AI-Ateen		Faith Assembly of God
7:00 pm	AI-Ateen		St. John's Episcopal Church
8:00 pm	AA (O)	Reflections	Triangle Group
8:00 pm	AA (C)	"As Bill Sees It"	Norman Original Group
8:00 pm	NA (O)	NA	Tools of Recovery – 1734 Priestly Ave.
8:00 pm	AA (C)	Traditions	Phoenix Group
8:00 pm	AA (O)	Big Book Study	4 th Dimension Group; Memorial Presbyterian Church, SW entrance
8:00 pm	AA (C)	Big Book and Step Study	1511 S. Jenkins (house on south side of St. Thomas More), call 812-7634 for info
8:00 pm	AA (O)	Primary Puposue Group, Big Book Study	St. John's Episcopal Church, Contact: 473-3300
8:00 pm	NA (O)	Basic Text	It Works NOG

Moore

8:00 pm	AA (O)	Beginners Meeting	St. Andrew's Church
8:00 pm	AA (O)		St. Andrew's Church

Oklahoma City

7:00 pm	Gam-Anon	Gam-Anon	South Lindsey Baptist Church 3300 S. Lindsey, OKC, OK.
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~~ Friday ~~ Friday ~~ Friday ~~

Norman

6:00 am	AA (O)	Topic Discussion	Norman Original Group
9:00 am	AA (O)	Topic Discussion	Norman Original Group
12:00 pm	OA (O)	OA (Overeaters Anonymous)	901 N. Peters, 321-1454
12:00 pm	AA (O)	Topic Discussion	Norman Original Group
12:00 pm	NA (O)	Basic Text	It Works NOG
12:00 pm	AA (C)	Big Book	Phoenix Group
12:00 pm	AA (O)	Big Book Study (Non-Smoking)	AA Clean Air Group
12:00 pm	AA (O)	Big Book (Non-Smoking)	Norman Original Group (Al-A-Teen Room)
12:00 pm	Al-Anon	Sernity-At-Noon	St. John's Episcopal Church
1:15 pm	DTR	Double Trouble in Recovery	COCMHC, 909 E. Alameda Contact Becky @ 573-3987
5:30 pm	AA	Experience, Strength and Hope (Non Smoking)	AA Clean Air Group
5:30 pm	AA (C)	Candellight/Topic Discussion	Norman Original Group
6:00 pm	DTR	Double Trouble in Recovery	Transition House, 700 Asp, Suite 4 Contact George @ 360-7926 or 329-5332
6:30 pm	CODA	12 Step Meeting	St. John's Episcopal Church
6:30 pm	NA (C)	Step Study Guide	It Works NOG
8:00 pm	AA (O)	Discussion	Alameda Church of Christ
8:00 pm	AA (O)	Discussion	Phoenix Group
8:00 pm	AA (O)	Nicotine Anonymous	Agape Group/Clev. Co. YMCA
8:00 pm	NA (O)	NA	Tools of Recovery – 1734 Priestly Ave.
8:00 pm	AA (O)	Speaker Meeting/Last Friday of Month Birthday Night	Norman Original Group
8:00 pm	NA (O)	Sponsorship (Last Friday of Month Birthday Night)	It Works NOG
8:00 pm	AA (O)	Speakers Meeting/Birthday	Triangle Group

Newcastle

7:30 pm	Al-Anon		Newcastle Disciple Christian Church
7:30 pm	AA (O)		(Hwy 37 & 76)

~~ Saturday ~~ Saturday ~~ Saturday ~~

Norman

9:45 am	AA (C)	Men's Topic Discussion	Norman Original Group
11:00 am	AA (C)	Big Book Study	Norman Original Group
12:00 pm	AA (C)	Big Book	Phoenix Group
12:30 pm	NA (O)	Open Topic	It Works NOG
5:00 pm	Gam-Anon	Gam-Anon	South Lindsey Baptist Church 3300 S. Lindsey, OKC, OK.
5:30 pm	AA (C)	12 & 12 Steps/Traditions	Norman Original Group
6:00 p.m.	NA (O)	NA	Living Room Group – 1433 W. Boyd
6:30 pm	NA (O)	Step Study	It Works NOG
8:00 pm	AA (O)	Topic Discussion	Norman Original Group
8:00 pm	AA (O)	Speaker's Meeting	Phoenix Group
8:00 pm	AA (O)	Beginners Group	Triangle Group
8:00 pm	NA (O)	Step Study (1 st Sat. Spirituality & Dinner)	It Works NOG
10:00 pm	NA (O)	NA	Tools of Recovery – 1734 Priestly Ave.
12:00 am	AA (O)	Topic Discussion/Candlelight	Norman Original Group

Little Axe

8:00 am	AA		SW Corner of HWY 9 & 156 th White House (W. of Tribal Store)
9:00 am	OA	OA (Overeaters Anonymous)	SW Corner of HWY 9 & 156 th White House (W. of Tribal Store)

Moore

8:00 pm	AA (O)		St. Andrew's Church
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~~ Sunday ~~ Sunday ~~ Sunday ~~

Norman

10:00 am	AA (O)	Topic Discussion	Norman Original Group
10:00 am	AA (O)	"How God Works"	Triangle Group
11:15 am	AA (O)	"Living Sober"	Norman Original Group
12:30 pm	NA (C)	Step Study – How & Why	It Works NOG
5:30 pm	AA (C)	Big Book Study	Norman Original Group
6:00 pm	DTR	Double Trouble in Recovery	Transition House, 700 Asp, Suite 4 Contact George @ 360-7926 or 329-5332
6:30 pm	NA (O)	NONAG: Basic Text	NONAG NOG
8:00 pm	AA (O)	Candlelight/Topic Discussion	Norman Original Group
8:00 pm	AA (C)	Big Book	Phoenix Group
8:00 pm	AA (C)	Big Book	Triangle Group
8:00 pm	NA (O)	NA	Tools of Recovery – 1734 Priestly Ave.
8:00 pm	NA (O)	NONAG: Spirituality	NONAG NOG
8:00 pm	Al-Anon	Beginners Group (New Beginnings)	Phoenix Group
8:30 pm	Al-Anon	Family Step Study	Member's Home

Little Axe

7:00 pm	AA		SW Corner of HWY 9 & 156 th White House (W. of Tribal Store)
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